

Sai Vibrionics Newsletter

www.vibrionics.org

"Whenever you see a sick person, a dispirited, disconsolate or diseased person,
there is your field of seva."...Sri Sathya Sai Baba

Vol 4 Issue 5

Sep/Oct 2013

☞ From the Desk of Dr Jit K Aggarwal ☞

Dear Practitioners

Another two months have passed by quickly since our last newsletter. Many vibrionics practitioners continue to spread the message of love through this very special healing seva opportunity offered to us by Swami. Our participation in the recent training/refresher workshops held in the UK, Italy, Poland, and Greece was truly an eye opener as to how much good work is being done without us being aware of it. A small example of this is the Unity of Faiths Festival at Southall Park in London, to which the organizers invited us for the second time to conduct a vibrionics awareness and healing camp. Nine practitioners participated and treated a total of 123 patients on that day! Short talks and video presentations on vibrionics by our practitioners generated significant interest amongst the audience who were, not surprisingly, completely enraptured by the healing system.

As you all may be aware, the first Sai Vibrionics conference is scheduled to be held on Sunday, 26 January 2014. We seem to be running a race against time...it is less than four months away now, and we all have much to do. The main purpose of the conference is to become a global platform for exchanging experiences, information, and knowledge related to vibrionics. I am pleased to share with you that we have had a lot of offers of help from healers across the globe. Every single practitioner I have heard from thus far wishes that this event will be a truly memorable learning experience for all of us!

Plans are already under way for making 26 January 2014 a major milestone in the history of vibrionics. The Conference will include a visual exhibition themed "Vibrionics in Action," based on field level achievements of groups from many countries and also different States of India. There will be presentations and discussions on varied topics of importance, such as History and Growth of Vibrionics, Homoeopathy & Vibrionics, Role of Diet in Healing, Role of Mind in bringing about Disease and Health, organizing and managing Health Camps in India and abroad, success with Plants/Trees and Animals, Extraordinary Cases, and much more! We will also have an interactive panel discussion with a view to collaboratively articulating forward looking plans, and also setting future direction for vibrionics.

It gives me immense pleasure in sharing with you that we will be publishing a book of Proceedings of the Conference. This book will include all presentations at the conference and transcripts of extraordinary case histories. If you wish to contribute to the book, please send in your cases (with full details as given in our newsletters) along with a photo of the patient and his testimonial. We may also use these for the exhibition. In addition to this, we require practitioner's short bio-data (name, age, profession, years of vibro experience and anything else you wish to add about yourself), and a photo (in high resolution). The last date for receipt of cases is 31 October 2013.

- If you are interested in writing a 1-2 page article on a particular topic to be presented at the conference, email me with details. If you have already written to us committing to write on a specific topic, please email me now to further our discussion.
- If you are involved in organizing and/or participating in any vibrionics healing camps, I sincerely appeal to you to please send us a short write-up along with photographs as we need these for the exhibition.

We greatly appreciate all offers of help and I will personally contact all those who have volunteered. Currently, we require volunteers who can offer these skills:

1. Those with a good command of the English language - to edit submitted articles and cases for publication.
2. Those who are good at preparing power point presentations for converting supplied written material (and sourcing relevant pictures online) into presentations.
3. Those who can prepare large posters for the exhibition by suitably arranging supplied text and pictures.

I am also glad to inform you that we shall soon launch online registration for practitioners for the Conference on the vibrionics website within the Practitioners portal. Please do regularly check the site as we shall post all conference-related updates on it.

In loving service to Sai
Jit Aggarwal

Practitioners: If you work with pendulum and have full confidence in your results, please write to us with your name and Regn no as a matter of urgency, for future development work.

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Practitioners: An Invitation to Share Your Personal Experiences of Transformation

How have YOU changed as a result of helping others through the healing service of Vibrionics?

We are asking practitioners' to share their personal stories of their inner growth, in an email for possible future publication or at the Vibrionics Conference in January, 2014.

For more details or to submit your essay, write to: editor@vibrionics.org

☞ Case Histories Using Combos ☞

1. Chronic Cough ^{02870...USA}

For the past 4-5 years, a woman aged 74 had been suffering from a chronic and constant cough throughout the day and at night it prevented her from sleeping. As she had dust and pollen allergies, her cough was worse during the pollen season and she was also susceptible to frequent infections. In the past she was hospitalized with pneumonia and with a family history of asthma, had also been diagnosed with GERD (gastro esophageal reflux disease). She had taken Singulair (Montelukast Sodium) and inhalers containing *bronchodilators* and *corticosteroids* but these helped only for a short while. She noticed that her coughing had ceased while she was recuperating from her surgery for a knee replacement in July 2010, when she was given oxycodone as a pain-killer. Her doctor told her that it also acts as a sedative as well as a cough suppressant and as it helped her cough, he agreed to prescribe her the drug. She has since then been taking a quarter to a half tablet of oxycodone (5 mg) at bedtime. But the drug's side-effects were making her very drowsy during the daytime. She constantly felt like fainting and was often going blank and losing her memory. When vibrionics treatment started on November 26, 2012, she was given for her daytime cough:

#1. CC9.2 Infections acute + CC19.1 Chest tonic + CC19.2 Respiratory allergies + CC19.3 Chest infections chronic + CC19.4 Asthma attack + CC19.5 Sinusitis + CC19.6 Cough chronic + CC19.7 Throat chronic...6TD.

To deal with her sleeping problem, she was given:

#2. CC15.6 Sleep disorders + #1...one dose half-hour before bed-time and repeat every half-hour if not able to sleep.

Two weeks later, she reported that her cough was 50% better and although she was still waking sometimes at night due to coughing that for the most part, she was able to sleep throughout the night without the oxycodone.

Four months later she reported that generally her sleep was good without taking oxycodone. But now she had belching before going to sleep and as this cough might have been due to GERD, **CC4.10 Indigestion** was added to her **#2...one pill half-hour before bed time and repeat every half-hour if not able to sleep.**

Two months later on June 28, 2013 she reported that her cough had improved by 80%. She still coughs once or twice soon after she lies down but is able to sleep throughout the night without taking anything except vibro medicine.

This elderly lady must have suffered from the Tubercular miasm all her life but she is too old to try to clear it now. So it is likely she will need support from her practitioner, ongoing with an appropriate above combo but at a lower dosage.

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2. Diabetes with High Blood Pressure and High Cholesterol ^{02859...India}

A 49 year old male was diagnosed with diabetes a year back. He also had high BP and high cholesterol. He was given:

- #1. **CC6.3 Diabetes...BD**
- #2. **CC3.3 High Blood Pressure + CC3.5 Arteriosclerosis...BD**

On a regular self-monitoring it was seen that there was not much improvement in the blood sugar count. Further investigations revealed that the patient's liver was also not working well. Hence **CC4.2 Liver and Gallbladder** was added to #1. It was like magic waiting to happen. The self-monitoring revealed excellent blood sugar control. After two months, clinical testing was carried out which revealed reduced HbA1c and reduced cholesterol. The blood pressure was also 120/80. On seeing the reports the noted family physician declared "You are almost a non-diabetic!" and was compelled to ask if the patient was taking some alternative treatment!! The allopathic medicines have been reduced. The vibrionics treatment continues as before.

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3. Herpes on Lips ^{02128 Argentina}

A man aged 38 had recurrent herpes on his lips for a long time.

Single remedy **SR293 Gunpowder...TDS**, was given by the practitioner.

Within two days there was a massive reduction to the size of the sore and in five days, all signs of the herpes had completely disappeared, so treatment was discontinued.

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4. Jaundice and Infection in a Premature Baby ^{02870...USA}

A father had requested help for his premature female infant, still in an incubator. She had become poorly with jaundice, a fever, cough and cold. Doctors in the hospital had given the baby a variety of antibiotic medicines and as she had not improved, he was told that nothing more could be done. The practitioner broadcasted the following combo via a Sai Ram healing Potentiser:

- #1. **CC12.2 Child tonic + CC4.11 Jaundice + CC12.1 Immunity + CC9.2 Infections + CC19.6 Cough + CC15.1 Calming...transmitted continuously.**

In 24 hours there was a 50% improvement and the infant's temperature was normal. During the coming three days she was removed from the incubator and finally the parents were able to take her home. She continued to be given the combo TDS in water and at the end of a further 15 days, the baby fully recovered.

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5. Life-long Constipation ^{02859...India}

An 80 year old man approached the practitioner with some trepidation looking for a solution to lifelong constipation for which he had taken all possible treatments. He was given:

CC4.4 Constipation...TDS

His was relieved of the constipation right away. He told the practitioner that vibrionics has changed his life, he is more energetic and happier than he has been in a long time.

Soon after he began taking additional remedies for borderline diabetes (**CC6.3 Diabetes...OD**) and sleeplessness (**CC15.6 Sleep disorders...OD**) and is even happier.

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6. Cysticercosis of the Brain ^{01053...USA}

In April 2011, a 37 year old female came with the above diagnosis. This is a systemic parasitic infestation caused by ingesting the eggs of tapeworm from undercooked pork. These burrow through the intestinal wall and are carried to other tissues; in the brain they may cause a wide variety of neurological symptoms. The allopathic doctor treating her gave a poor prognosis for recovery after the prescription drug that was being given had brought no change to her condition. The patient had complaints of dizziness, fatigue, depression, general body pain, digestion, weight gain problems, chronic headaches and chronic sinus congestion.

The practitioner gave **CC9.3 Tropical diseases...QDS**. Three months after she started the treatment the cyst had decreased by half. Then the progress was slower and in March 2013, nearly two years later, on reviewing the last MRI report, her allopathic doctor declared her healed. The practitioner says that it should be noted that she did continue to take some antibiotics and antifungal prescriptions as well as cortisone. But as these drugs caused bad side effects, she would repeatedly stop and start them again. She was however during the whole period conscientiously and regularly taking the vibro medicine daily. So the practitioner feels the remedy may have been the key to a total recovery.

Other symptoms she is left with are improving - the depression is being treated with **CC15.1 Mental & Emotional tonic** and the patient reports it has become 50% better. She has lost weight but is making positive diet changes.

This is a good healing particularly as without a risky operation to remove the cysts there is usually very little likelihood of a recovery. It would have been helpful however to have included some of the brain body part remedies which might have hastened the healing, so it is a pity that the practitioner did not consult a senior practitioner for help.

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7. Garden Experiment ^{02321...Mexico}

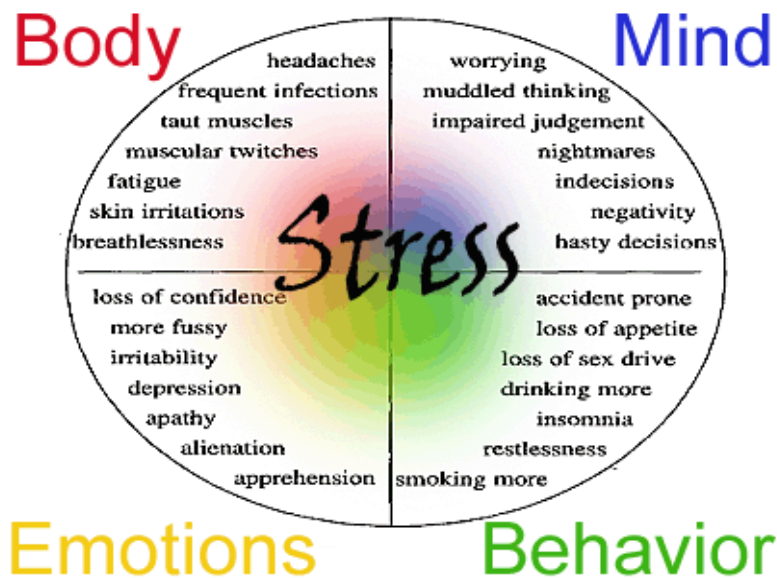
This healer has a garden measuring 2,000 sq metres. She first makes this combo:

CC1.2 Plant tonic + NM67 Calcium + SM1 Removal of Entities + SM5 Peace & Love Alignment in one litre of water. Then she adds this to 200 litres of water and mixes it in a sprinkler water system to be used daily on all the plants. The result is a greener garden with more birds and a very peaceful environment.

☯ Health Tips ☯

Sai Vibrionics offers health information and articles for educational purposes only; this information is not meant as medical advice. Counsel your patients to see their medical doctor about their specific medical condition.

Effects of Stress and Preventative Measures

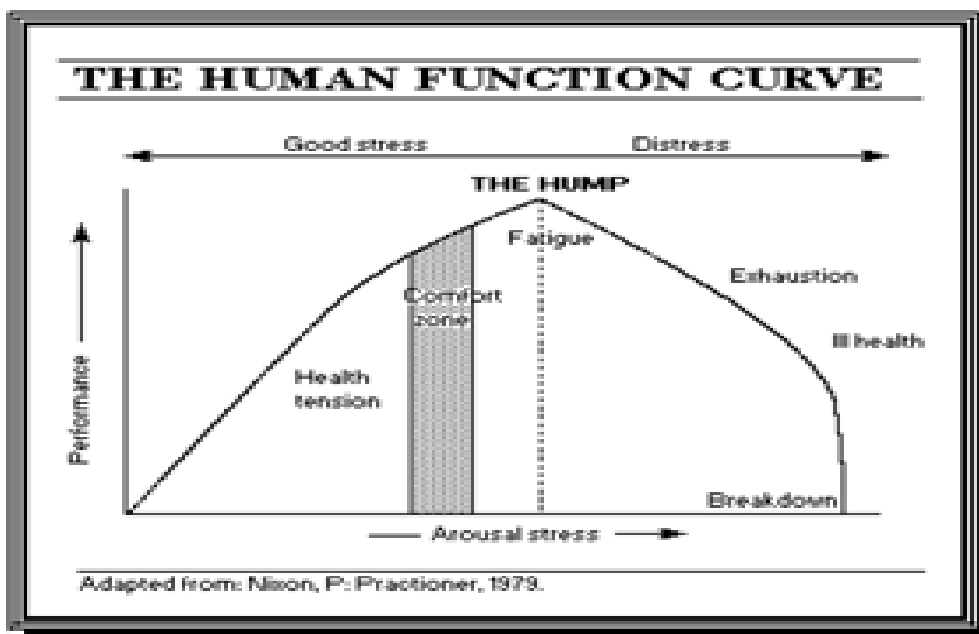


Overview

- We generally use the word "stress" when we feel that everything seems to have become too much - we are overloaded and wonder whether we really can cope with the pressures placed upon us.
- Anything that poses a challenge or a threat to our well-being is a stress. Some stresses get you going and they are good for you - without any stress at all many say our lives would be boring and would probably feel pointless. However, when the stresses undermine both our mental and physical health they are bad.

Scientific Studies

- Hans Selye, an Austrian-Canadian endocrinologist of Hungarian origin, noted in numerous experiments that laboratory animals subjected to acute but different noxious physical and emotional stimuli (blaring light, deafening noise, extremes of heat or cold, perpetual frustration) all exhibited the same pathologic changes of stomach ulcerations, shrinkage of lymphoid tissue and enlargement of the adrenals. He later demonstrated that persistent stress could cause these animals to develop various diseases similar to those seen in humans, such as heart attacks, stroke, kidney disease and rheumatoid arthritis.



As illustrated above, increased stress results in increased productivity – up to a point, after which things go rapidly downhill. However, that point or peak differs for each of us, so you need to be sensitive to the early warning symptoms and signs that suggest a stress overload is starting to push you over the hump. Such signals also differ for each of us and can be so subtle that they are often ignored until it is too late.

Healthy human responses to stress involve three components:

- The brain handles (mediates) the immediate response. This response signals the adrenal medulla to release epinephrine and norepinephrine.
- The hypothalamus (a central area in the brain) and the pituitary gland initiate (trigger) the slower maintenance response by signaling the adrenal cortex to release cortisol and other hormones.
- Many neural (nerve) circuits are involved in the behavioral response. This response increases arousal (alertness, heightened awareness), focuses attention, inhibits feeding and reproductive behavior, reduces pain perception, and redirects behavior.

Causes of Stress

The degree of stress in our lives is highly dependent upon individual factors such as our physical health, the quality of our interpersonal relationships, the number of commitments and responsibilities we carry, the degree of others' dependence upon us, expectations of us, the amount of support we receive from others, and the number of changes or traumatic events that have recently occurred in our lives.

Many different things can cause stress -- from physical (such as fear of something dangerous) to emotional (such as worry over your family or job.) Identifying what may be causing you stress is often the first step in learning how to better deal with your stress. Some of the most common sources of stress are:

Survival Stress - You may have heard the phrase "fight or flight" before. This is a common response to danger in all people and animals. When you are afraid that someone or something may physically hurt you, your body naturally responds with a burst of energy so that you will be better able to survive the dangerous situation (fight) or escape it all together (flight).

Internal Stress - Have you ever caught yourself worrying about things you can do nothing about or worrying for no reason at all? This is internal stress and it is one of the most important kinds of stress to understand and manage. Internal stress is when people make themselves stressed. This often happens when we worry about things we can't control or put ourselves in situations we know will cause us stress. Some people become addicted to the kind of hurried, tense, lifestyle that results from being under stress. They even look for stressful situations and feel stress about things that aren't stressful.

Environmental Stress - This is a response to things around you that cause stress, such as noise, crowding, and pressure from work or family. Identifying these environmental stresses and learning to avoid them or deal with them will help lower your stress level.

Fatigue and Overwork - This kind of stress builds up over a long time and can take a hard toll on your body. It can be caused by working too much or too hard at your job(s), school, or home. It can also be caused by not knowing how to manage your time well or how to take time out for rest and relaxation. This can be one of the hardest kinds of stress to avoid because many people feel this is out of their control.

Effects of Stress

- Excess stress can manifest itself in a variety of emotional, behavioural, and even physical symptoms, and the symptoms of stress vary enormously among different individuals.
- Common somatic (physical) symptoms:
 - sleep disturbances
 - muscle tension
 - muscle aches
 - headache
 - gastrointestinal disturbances
 - fatigue
- Emotional and behavioural symptoms:
 - Nervousness
 - anxiety
 - changes in eating habits including overeating
 - loss of enthusiasm or energy
 - mood changes like irritability and depression

It is also known that people under stress have a greater tendency to engage in unhealthy behaviours, such as excessive use or abuse of alcohol and drugs, cigarette smoking, and making poor exercise and nutritional choices, than their less-stressed counterparts. These unhealthy behaviours can further increase the severity of symptoms related to stress, often leading to a "vicious cycle" of symptoms and unhealthy behaviours.

Additional Effects of Stress:

- Blood pressure rises
- Breathing becomes more rapid
- Digestive system slows down
- Heart rate (pulse) rises
- Immune system goes down
- Muscles become tense
- We do not sleep (heightened state of alertness)
- Non-essential body functions slow down, such as our digestive and immune systems when we are in fight-or flight response mode. All resources can then be concentrated on rapid breathing, blood flow, alertness and muscle use.

Preventative Measures



Feeling emotional and nervous or having trouble sleeping and eating can all be normal reactions to stress. Engaging in healthy activities and getting the right care and support can put problems in perspective and help stressful feelings subside in a few days or weeks. Some tips for beginning to feel better are:

Getting active

- Virtually any form of physical activity can act as a stress reliever. Even if you're not an athlete or you're out of shape, exercise is still a good stress reliever.
- Physical activity pumps up your feel-good endorphins and other natural neural chemicals that enhance your sense of well-being. Exercise also refocuses your mind on your body's movements, improving your mood and helping the day's irritations fade away.

Laughing more

- A good sense of humor can't cure all ailments, but it can help you feel better, even if you have to force a fake laugh through your grumpiness. When you laugh, it not only lightens your mental load but also causes positive physical changes in your body. Laughter fires up and then cools down your stress response.

Connecting with others

- When you're stressed and irritable, your instinct may be to wrap yourself in a cocoon. Instead, reach out to family and friends and make social connections.
- Social contact is a good stress reliever because it offers distraction, provides support, and helps you tolerate life's up and downs.

Trying yoga

- With its series of postures and controlled-breathing exercises, yoga is a popular stress reliever. Yoga brings together physical and mental disciplines to achieve peacefulness of body and mind, helping you relax and manage stress and anxiety.

Getting enough sleep

- When you have too much to do — and too much to think about — your sleep suffers. But sleep is the time when your brain and body recharge.
- The quality and amount of sleep you get affects your mood, energy level, concentration and overall functioning.

Getting musical and being creative

- Listening to or playing music is a good stress reliever because it provides a mental distraction, reduces muscle tension and decreases stress hormones. Crank up the volume and let your mind be absorbed by the music.
- If music isn't your thing, turn your attention to another hobby you enjoy, such as gardening, sewing, sketching — anything that requires you to focus on what you're doing rather than what you think you should be doing.

Sources:

<http://www.medicalnewstoday.com/articles/145855.php>

<http://www.stress.org/what-is-stress/>

<http://www.medicinenet.com/stress/article.htm>

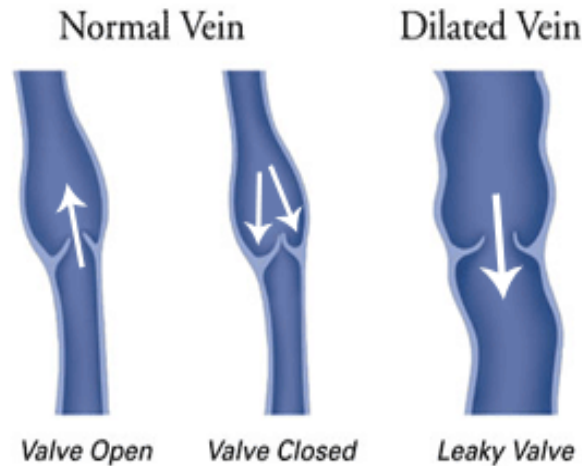
<http://www.mtstcil.org/skills/stress-definition-1.html>

http://www.cdc.gov/violenceprevention/pub/coping_with_stress_tips.html

<http://www.mayoclinic.com/health/stress-relievers/MY01373/NSECTIONGROUP=2>



LIVING WITH VARICOSE VEINS



Varicose veins are swollen, twisted veins that you can see just under the skin. They usually occur in the legs, but also can form in other parts of the body.

The heart pumps oxygen-rich blood into a large artery known as the aorta. The aorta divides into 2 main arteries, which continue to branch into smaller arteries delivering blood to the rest of the body. Once the oxygen has been delivered, veins carry the blood back to the heart. Unlike arteries, veins are dependent on one-way valves to keep blood moving in an upward motion. The muscles of the legs help push the blood through the veins; the one-way valves close and prevent the blood from falling back towards the feet.

When the one-way valves fail to close properly, blood can reverse its flow. Notice how the valves of the vein (in the picture) come together and prevent blood from flowing backward. Notice how the valves of the other vein do not come together and therefore allow blood to flow backward and cause the vein to enlarge (leaky). This cause's increased pressure in the veins and over time can cause them to swell and become bulging, varicose veins. The increased pressure can lead to significant symptoms such as: swelling of the ankles or legs, severe pain and aching, and complaints of tired legs. Skin changes, ulceration and phlebitis are all possible with long-standing varicose veins. Because the blood is not flowing efficiently, clots can form in the veins causing hard lumps and severe pain. This is known as "superficial phlebitis." This is not the type of clot that doctors worry will travel to your heart, lungs, or brain. It is possible to have varicose veins without pain or swelling, and it is not necessary to have them corrected. Varicose veins develop more often in women than in men. They increase in frequency with age. An estimated 30% to 60% of adults have varicose veins.

Contributing Factors to Varicose Veins

A number of factors predispose a person to having varicose veins. These include:

- Heredity (passed on from a parent to a child through genes)
- Untreated large vein insufficiency
- Trauma, Surgery
- High Impact Aerobics, Running, and Weight Training
- Sun Damage
- Sedentary Lifestyle, Obesity
- Hot water, Tubs, Pedicures cause veins to dilate

- Occupations that involve a lot of standing, such as seen among nurses, hair stylists, teachers, and factory workers
- Obesity
- Hormonal influences during pregnancy, puberty, and menopause
- The use of birth control pills
- Postmenopausal hormonal replacement
- A history of blood clots
- Conditions that cause increased pressure in the abdomen including tumours, constipation, and externally worn garments like girdles
- Other reported causes include trauma or injury to the skin, previous vein surgery, and exposure to ultraviolet rays.

Women often notice varicose veins with pregnancy. During pregnancy, blood volume increases by as much as 50%. The leg veins are overloaded by increased blood volume, and manifest as varicose veins. After delivery, when blood volume returns to normal, the veins remain enlarged because the valve mechanisms have been rendered insufficient by the stretch endured during pregnancy. Some women note that the varicosities worsen with each pregnancy.

Preventive Measures

Measures that help the blood flow toward the heart can be helpful in slowing the progression of varicose veins, and in minimizing discomfort associated with vein problems.

Exercising, losing weight, elevating your legs when resting, and not crossing them when sitting can help keep varicose veins from getting worse. Wearing loose clothing and avoiding long periods of standing can also help. If varicose veins are painful or you don't like the way they look, your doctor may recommend procedures to remove them.

Wearing support stockings. The most conservative approach is simply to wear properly-fitting support hose, especially when the veins cause painful or uncomfortable symptoms. These stockings can generally be purchased at any surgical supply store and at some pharmacies. They come in below-the-knee, above-the-knee, and pantyhose styles.

Making lifestyle changes. Good skin hygiene, weight loss (if needed), and walking can help treat varicose veins. Eating a low-salt diet helps reduce water retention and swelling.

<http://www.nlm.nih.gov/medlineplus/varicoseveins.html>
<http://www.webmd.com/skin-problems-and-treatments/guide/varicose-spider-veins>
<http://mdveinprofessionals.com/treatment/varicoseveins>
<http://www.nlm.nih.gov/medlineplus/tutorials/varicoseveins/vs059103.pdf>

☞ The Answer Corner ☞

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1. Question: *I am not sure how to properly handle the SRHVP cards. Is it OK if I touch the face of the cards when removing them from the card box?*

Answer: Before handling the cards, always wash your hands without using soap. Soap has a vibration, so washing in plain water avoids transferring the vibration of the soap to the cards. If you do wash with soap, thoroughly rinse (and dry) your hands with plain water three times to that the vibration of the soap is removed. Handle cards carefully. Do not touch the graphic area with your fingers; hold the card above the double line. If a card has fallen on the floor or needs cleaning, hold it above the double line on a clean hard surface and rub it with a new, soft, white, cotton handkerchief which has been thoroughly washed without detergent or soap.

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2. Question: *What is the maximum time gap allowed between taking a blood sample and preparing the blood nosode?*

Answer: Provided there is enough alcohol added to the blood sample, then a gap of a few days should not be a problem.

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3. Question: *A patient complained that his chronic illness returned after 3 months of having been successfully treated through vibro. Could it be connected with his lifestyle?*

Answer: Yes, lifestyle is a major cause of a chronic illness which is likely to return unless the patient changes to a healthy lifestyle. So, it is a good idea to talk to your patient at an appropriate time about good diet, exercise, relaxation, positive thoughts etc.

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4. Question: *Please offer advice about the frequency of a remedy when a patient is acutely ill.*

Answer: When the symptoms are highly acute eg, continuous diarrhoea, migraine headache or constantly running nose, the dosage may be increased to one dose (it is more effective if given in water) every 10 minutes for one hour. If the patient is not feeling better in one hour, then the dosage at ten minute intervals may continue for another hour. After that the patient should feel relief from his symptoms, in which case, the dosage should be reduced to 6TD for 1-2 days and TDS thereafter.

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5. Question: *Flu season is fast approaching. I have not given remedies for acute conditions like flu or cold to prevent illness. If one person becomes ill, should I treat, as a preventative, the rest of the family members?*

Answer: Remedies can be used as prophylactic for any illness without fear of any harm to the patient. It is better to start taking preventive dosage (which is as many doses per week as the normal dosage for the patient per day) when you are in the midst of sick people eg, when a member of the family or a colleague at work has fallen sick.

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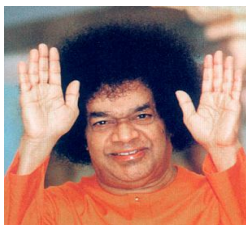
6. Question: *When interviewing a new patient who does not have a medical diagnosis, I find it difficult to determine the exact underlying cause of his problem?*

Answer: If a patient asks for help but does not know why he is sick or feels bad, the best thing to do is to give him vibrations for the mind because the problem probably lies there.

During the initial appointment do not try to elicit personal background information unless the patient wants to give it. It is usual for you to have to wait for this knowledge until he is able to trust you. In this way you gain his confidence. During later visits, the patient might start to tell you about his deep seated fears and disappointments. He may not have spoken about these to anyone before. One of the important questions to ask the patient is what he thinks is the cause of the illness or symptoms. This in turn will help you to discover the underlying cause and treat accordingly.

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Practitioners: Do you have a question for Dr. Aggarwal? Send it to him at news@vibrionics.org



☪ Divine Words from the Healer of Healers ☪

"You should not give even the slightest room for arrogance or self-interest in your service activities. Install in your Heart the feeling that the service you render to anyone is service to God. Only with that feeling does social service become elevated to service to God."

... "Love All Serve All" 80th Birthday publication, Sri Sathya Sai Media Foundation, Bangalore, 2005

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"Service is the primary means through which the Heart is purified. Service broadens your vision, through which the Heart is purified. Service broadens your vision, widens your awareness and deepens your compassion. All waves are on the same sea, are from the same sea, and of the same sea. Service teaches you to be firm in this Knowledge."

... "Love All Serve All" 80th Birthday publication, Sri Sathya Sai Media Foundation, Bangalore, 2005

☪ Announcements ☪

Forthcoming Workshops

- ❖ **India Pune:** Workshop for AVPs & JVPs 5-6 October 2013, contact Ashok Ghatol by email at vc_2005@rediffmail.com or by telephone at +91-9637 899 113.
- ❖ **India Puttaparthi:** AVP workshop 24-28 Nov 2013, contact Hem at 99sairam@vibrionics.org
- ❖ **India Puttaparthi:** SVP workshop 28 Jan - 1 Feb 2014, contact Hem at 99sairam@vibrionics.org

All Trainers: If you have a workshop scheduled, send details to: 99sairam@vibrionics.org

☪ Important: Attention All Practitioners ☪

Some of the cases we receive are fantastic but we are not always able to share with you all the cases due to some vital missing information which can only come from the practitioners. So PLEASE when you send in your cases do make sure to include the following:

Age of the patient, male/female, date treatment started, detailed list of all acute symptoms, detailed list of all chronic symptoms, duration of each symptom, possible cause of each chronic symptom, any other past/existing treatment, combo given and its dosage, date-wise record of percentage improvement, final condition, any other relevant information.

This will help us to publish your cases in the future newsletters. If this information does not come, we may not have enough completed cases for publication in future.

- ❖ Our website is www.vibrionics.org. You will need your Registration number to login to the Practitioner Portal. If your email address changes, please inform us at news@vibrionics.org as soon as possible.
- ❖ You may share this newsletter with your patients. Their questions should be directed to you for answers or for research and response. Thank you for your cooperation.

Jai Sai Ram!

Sai Vibrionics... towards excellence in affordable medicare - free to patients