

## Sai Vibrionics Newsletter

[www.vibrionics.org](http://www.vibrionics.org)

"Whenever you see a sick person, a dispirited, disconsolate or diseased person, there is your field of seva."  
...Sri Sathya Sai Baba

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### ☞ From the Desk of Dr Jit K Aggarwal ☞

Dear Practitioners

It gives me immense pleasure to share with our growing family of Sai Vibrionics practitioners an exciting recent development. It has been suggested by our respected All-India President Sri Srinivasanji that we hold a vibrionics workshop/conference (this to be independent and not connected with the Sai Organisation or Trust) in Prashanti Nilayam in the near future! This is a great honour and also a beautiful opportunity given to us by Bhagawan to showcase vibrionics and spread awareness about this wonderful system of healing.

We propose to hold the conference on 26 January 2014 and could not ask for a more perfect New Year's gift from the Lord. When on 21 April 2007, Swami told us in an interview that there will be an International vibrionics conference in Puttaparthi, we were completely taken by surprise. Swami's words seem to be coming true now.

This is a significant milestone for Sai Vibrionics. This is very much the result of the collective effort of myriads of practitioners who deliver globally unconditional love and service in the form of healing vibrations on a daily basis.

**As you will appreciate there is much to be done to make this conference a success.** It is a huge responsibility for all of us as active vibrionics practitioners. To hold a conference in Prashanti Nilayam is no mean feat – it will take months of planning, preparation, and hard work. We cannot undertake such a massive task without your active participation and whole-hearted support. We, therefore, extend an open invitation to all of you to gather your thoughts together and contribute in whatever way you feel inclined towards this endeavour. We propose to have presentations of interesting and unique cases and articles on various aspects of vibrionics. We also plan to put up an exhibition depicting the growth and development of vibrionics through the last 20 years, highlighting our various interactions with Swami regarding the same.

We would require practitioners to help in planning and coordination, to prepare material for the exhibition, to write papers to be presented, and of course, nearer the time, we will require volunteers to manage the delegates – conference registration, accommodation, etc. Please get in touch with us at the earliest at [99sairam@vibrionics.org](mailto:99sairam@vibrionics.org), letting us know how you would like to contribute towards this blessed event. It seems to be months away but believe me it is only around the corner. We welcome all ideas and thoughts and would love to know what you would like to see and hear at the conference.

So please send us your name by 31 August; **a.** if you will be attending and **b.** if you wish to present a paper or an exhibit and **c.** what seva you can offer before or at the conference. In the coming weeks we shall be posting on [www.vibrionics.org](http://www.vibrionics.org) in the Practitioners' section, a growing list of the various types of help that will be needed to make successful the first vibrionics conference. Please check the website regularly.

While we understand that many practitioners may not be able to be physically present at Prashanti to take part in and witness this grand event, that is no reason why you should stay away from volunteering your services and help from your own homes. We can allocate duties to all who are willing to help with this seva. Such a huge event cannot take place without the explicit will and blessings of beloved Swami and this opportunity to take part in a conference (in whatever small way) to be held in His own Ashram is not to be taken lightly. It is to be done as an offering of gratitude to our Divine Master and we must make all efforts to make it worthy of this.

This is a landmark opportunity for vibrionics to make its mark as a leading system of alternative healing. It is through platforms such as this conference that the collective experiences are best captured, published/presented and shared for everyone's benefit by applying best practices in harnessing knowledge. We look forward to hearing from you soon and hope and pray that Swami will guide us to make this conference a reality. Together we shall work towards the goal of making vibrionics available for all of humanity, animals and plants.

In loving service to Sai  
Jit Aggarwal

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## ☪ Case Histories Using Combos ☪

### 1. Prostate Cancer <sup>02799...UK</sup>

The practitioner started treating an 81-year old man three months after he was diagnosed with prostate cancer. He refused to take allopathic medicines including chemotherapy but agreed to have check-ups at the hospital every 6 months. He was given:

**CC2.1 Cancers + CC2.3 Tumours & Growths + CC14.1 Male tonic + CC14.2 Prostate...TDS**

After 8 months of vibro treatment, he visited the hospital for his regular check-up. He was told that his cancer had completely cleared and that he need not come for further check-ups. He continued to take the above combo but after 6 months, the dosage was reduced to BD. After another year, the dosage was further reduced to OD in January 2013, as a preventative measure.

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### 2. Arthritic Knee Pain <sup>02877...USA</sup>

On 27 October 2012, a 71-year old male patient came to see the practitioner because he was suffering intense pain in his left knee making it difficult to walk. His doctor had diagnosed it as severe arthritis; so a knee surgery was planned for 18 December. He was given **CC20.3 Arthritis...TDS**. In just 2 days, he reported feeling 90% better but soon after, he started getting pain throughout his whole body, particularly the spine. The above combo was stopped and the following was given:

**CC20.1 SMJ tonic + CC20.2 SMJ pain + CC20.3 Arthritis + CC20.4 Muscle & Supportive tissue + CC20.5 Spine...TDS**

In the beginning of December, he reported feeling 95% better, so he cancelled his appointment for surgery. Six months later, he is 98% better and is very happy with the improved quality of his life.

This is a great example of how a common problem for many elderly people can be virtually cleared by vibrational remedies.

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### 3. Chronic Constipation <sup>02802...UK</sup>

A mother brought her 9-year old daughter to see the practitioner because the child had suffered from chronic constipation for three years and recurrent urine infections. She could not open her bowels unless she took Movicol laxative daily. She was given:

**CC4.2 Liver & Gallbladder tonic + CC4.4 Constipation + CC4.10 Indigestion + CC13.2 Kidney & Bladder infections + CC15.1 Mental & Emotional tonic...TDS**

The day after she started taking the above combo, she regularly emptied her bowels and the Movicol was stopped.

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**4. Menopausal Problems** 02322...USA

A female patient aged 55 years came to the practitioner with typical menopausal symptoms of hot flushes, emotional mood swings of anger, depression, sadness and restlessness. She had little enthusiasm for her daily chores and generally lacking in any positive outlook. She was given:

**SR513 Oestrogen...BD** in vibhuti - one dose on waking and the other before sleep at night.

Within 2 weeks the flushes had reduced from daily to 1 or 2 times weekly and her mood swings were less. After two more weeks she was only occasionally upset and flushes were very infrequent. The remedy was reduced to 1 dose nightly.

We also have **NM10 Climacteric** that helps these problems where Oestrogen is included in the mixture. Practitioners with the 108CC Box: **CC8.1 Female Tonic + CC8.6 Menopause.**

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**5. Stress and Tension** 00002...India

The practitioner says that for those people who have stress, worry or tension etc, the following combo helps enormously:

**NM6 Calming + BR2 Blood Sugar + BR3 Depression + BR4 Fear + BR6 Hysteria + BR7 Stress + SM4 Stabilising + SM5 Peace & Love Align. + SM6 Stress + SM9 Lack of Confidence...TDS** or as required.

The practitioner recommends a small dropper bottle of this combo is kept ready for ease of dispensing by the practitioner. It is found to be particularly effective in everyday life situations which are difficult to cope with or when it is hard to make decisions.

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**6. Atrial Septal Defect (ASD) and Crohn's Disease** 02817...India

A small boy aged 9 years was diagnosed with ASD and Crohn's disease. Surgery was refused because he was very weak. The family was so poor that the parents were unable to afford the cost of allopathic medicines. They came to see the practitioner on the recommendation of a patient who had been successfully treated for arthritis with vibronics.

The boy was given following two combos:

For ASD:

**#1. NM6 Calming + NM45 Atomic Radiation + NM75 Debility + NM90 Nutrition + OM2 Respiratory + OM19 Cardiac and Lung + BR18 Circulation + SM2 Divine Protection + SM26 Immunity + SR256 Ferrum Phos + SR287 Digitalis + SR311 Rhus Tox + SR496 Heart Valves...TDS**

For Crohn's disease:

**#2. NM2 Blood + NM15 Diarrhoea + NM36 War + NM80 Gastro + NM90 Nutrition + SR255 Calc Sulph...6TD**

In a month's time, the boy who for some time had not been able to walk even in the house started going to school again. The improvement was approximately 70%. At the end of the next two months, he was 90% better and even started playing football.

The dosage for the combo #1 continues to be TDS as a safeguard for the time being. His digestion slowly improved and the symptoms of Crohn's Disease were gone at the end of the first month of treatment; so the dosage of #2 was reduced to TDS during the next month and then OD. He is still taking this combo 2TW.

Today he appears to be totally fit and happy, with the Divine grace of Baba. The happiness of the family cannot be expressed by us in words.

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**7. Warts on Sole of Foot** 02870....USA

A 13-year old girl had been suffering for 18 months with warts on the sole of her foot. A chiropodist or podiatrist as it is known in the US, had scaled off the skin over the warts so that Fluorouracil cream 0.5% could penetrate the warts and clear them. The treatment had continued for two months without success, so it was discontinued. When the practitioner's advice was sought, the following combo was given not only to clear the warts but also to help with her stress and school studies:

**CC15.1 Mental and Emotional tonic + CC17.3 Brain and Memory tonic + CC21.8 Herpes...one pill on awaking and another before sleep. CC21.8 Herpes was also put in coconut oil and applied to the warts...TDS.**

The first photo below shows the warts one month after start of treatment (no picture available before treatment). The second picture was taken 3 months after the above combo was started. It shows that the foot is completely free of warts.

**One month after treatment**



**Three months after treatment**



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## **☞ Important: Attention All Practitioners ☞**

Some of the cases we receive are fantastic but we are not always able to share with you all the cases due to some vital missing information which can only come from the practitioners. So **PLEASE** when you send in your cases do make sure to include the following:

**Age of the patient, male/female, date treatment started, detailed list of all acute symptoms, detailed list of all chronic symptoms, duration of each symptom , possible cause of each chronic symptom, any other past/existing treatment, combo given and its dosage, date-wise record of percentage improvement, final condition, any other relevant information.**

**This will help us to publish your cases in the future newsletters. If this information does not come, we may not have enough completed cases for publication in future.**

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## **☞ Health Tips ☞**

Sai Vibrionics offers health information and articles for educational purposes only; this information is not meant as medical advice. Counsel your patients to see their medical doctor about their specific medical condition.

### **Living Water for Your Health**



Water is the most important beverage for us to survive. We can survive for weeks without food but without water, we may not survive for more than 3 to 5 days in most cases.

As all are aware, water constitutes almost 70% of our body weight. It therefore implies that water is needed by all organs and organ systems of the body for their optimal working. Water is needed right from hydrating the body to the transportation of nutrients to being involved in many chemical reactions going on in the body. One of the primary functions of water at a cellular level is to carry nutrients to organisms, and to efficiently carry away and dilute waste products. Water has also been referred to as "nature's universal solvent". It is needed by all life forms and ecological systems, and by every major sustaining activity and industry.

In times past, water was deeply respected, often revered, as the essential fluid to all life - in the stages of conception, birth, growth, and sustenance, and to the healing of disease. The same is true today - the importance of water to our well-being cannot be overemphasized.

Simple water is already one of the healthiest things you can drink. You are probably already drinking eight glasses of water a day. But does it make any difference which water you use?

Health enthusiasts all over the world believe that not all water is equally good for us. They even divided water into "dead" and "live" water.

"Dead" water is water laden with foreign substances and frequencies. It is often full of the effects of electromagnetic radiation of various kinds, particularly man-made, as well as physical and energetic pollutants of all kinds. Water from commercial water producers or municipal services usually can be considered as "dead" water.

"Live" water is something different. It is more alive, 'wetter', meaning that it does a better job of picking up and removing toxic material from the body. It is the nearest thing to cellular water, and its life-enhancing frequencies are gratefully absorbed by dehydrated and exhausted cells of our body.

Such water is known by many names: energized water, structured or restructured water, hexagonal water, reduced cluster size water, organized water and many others.



The best source of "live" water is a natural spring-well. True spring water often has a shimmering, bluish colour. Consider yourself lucky if you have access to such water. For the rest of us, there are many ways to improve your regular water, to make it energized.

The Internet is full of sites selling you any kind of water energizing devices, crystals or pills. We do not feel comfortable to recommend any of these sites, and would like to share one simple method of improving your water. This method is based on the colour therapy and does not require any

chemicals or special device. We call it Blue Solar Water method.

### **What Is Blue Solar Water?**

Blue water is nothing but plain drinking water kept in a blue colored transparent bottle for a particular period of time.

### **Why The Colour Blue Of All The Colours?**

- ❖ Blue is associated with rest, relaxation, sleep, regeneration, and communication.
- ❖ Blue decreases blood pressure and heart rate, relieves nervousness and stress, and is a very soothing colour.
- ❖ It is very effective in the treatment of headaches and sleep disorders.
- ❖ Blue is also a highly effective colour for meditation, communication, spiritual growth, and high mental qualities.
- ❖ Blue brings out the creative power and gives peace.

### **How to Make Blue Solar Water**

- ❖ Place culinary water (tap, filtered, artisan, bottled, etc.) in a blue glass bottle. You can use any color of blue glass bottle from the deep cobalt blue to a light cyan blue.
- ❖ Cap the bottle with plastic, cork or cloth, any material but metal. You do want to put a lid or some cover over the mouth of the bottle, to keep bugs and flies out. Do not use a metal cap.
- ❖ Place the bottle of water outside during daylight hours for at least one hour. The bottle does not need to be in direct sunlight, but does need to be where sunlight gets to it. You can make blue solar water on a cloudy day or on a shaded patio.
- ❖ You cannot make solar water through a glass window. A glass window pre-filters the sunlight before it hits the blue glass, hindering the process.
- ❖ As long as the blue glass bottle is outside, where it is receiving light from the sun (even if it is in shadows, so long as it is not completely blocked from receiving any light), it will create Blue Solar Water.
- ❖ The longer you leave the water outside in the sunlight, the better it gets. You can leave the water outside all day. You can put the water out at night or before dawn to catch the first morning sunrays, which seems to raise the energy vibration of the Blue Solar Water.

- ❖ Once made, you can store it in any container you wish. It is fine to store it in plastic, or any other container you wish, once you have made it. You could put a metal lid on the storage container.
- ❖ Add Blue Solar Water to other water last to make it all Blue Solar Water. Fill a cup, pitcher, etc., with water and then top it off with Blue Solar Water to make it all Blue Solar Water.

### Ideas for Blue Solar Water Use

- ❖ Drink Blue Solar Water for hydration and refreshment, to help remove toxins and for healing. You can also gargle with this water.
- ❖ Use Blue Solar Water for cooking to improve the taste of foods.
- ❖ Bathe in Blue Solar Water to feel relaxed and refreshed, and to help remove toxins from your body. Blue water tends to darken the hair, so do not use it excessively on the hair if you wish to maintain the light colour.
- ❖ Use it to water indoor and outdoor plants.

There are many more health benefits of using Blue Water. You may want to search the Internet for it and you will be surprised to see what people are saying about this wonderful living water.

### Sources:

- <http://www.life-enthusiast.com/nhs02-super-hydrate-with-energized-water-a-5358.html>
- [http://www.energizewater.com/index\\_files/wiew1.htm](http://www.energizewater.com/index_files/wiew1.htm)
- <http://rajanjolly.hubpages.com/hub/Health-Benefits-Of-Water-Blue-Water>
- <http://www.robinskey.com/blue-solar-water/>
- [http://www.blueiris.org/community/index.php?option=com\\_content&view=article&id=87&Itemid=131](http://www.blueiris.org/community/index.php?option=com_content&view=article&id=87&Itemid=131)

### Asthma and Diet



Asthma is a chronic disease characterized by recurrent attacks of breathlessness and wheezing, which vary in severity and frequency from person to person. During an asthma attack, the lining of the bronchial tubes swells, causing the airways to narrow and reducing the flow of air into and out of the lungs.

### Key Facts from the World Health Organization

- ❖ Asthma is a chronic disease of the bronchi - the air passages leading to and from the lungs.
- ❖ It is the most common chronic disease among children.
- ❖ Most asthma-related deaths occur in low and lower-middle income countries.
- ❖ The strongest risk factors for developing asthma are inhaled substances and particles that may provoke allergic reactions or irritate the airways.
- ❖ Medication can control asthma. Avoiding asthma triggers can also reduce the severity of asthma.
- ❖ Asthma is difficult to cure but appropriate management of asthma can enable people to enjoy a good quality of life.

### The Causes

The fundamental causes of asthma are not completely understood. The strongest risk factors for developing asthma are a combination of genetic predisposition with environmental exposure to inhaled substances and particles that may provoke allergic reactions or irritate the airways, such as:

- ❖ indoor allergens (for example, house dust mites in bedding, carpets and stuffed furniture, pollution and pet dander)
- ❖ outdoor allergens (such as pollens and moulds)
- ❖ tobacco smoke
- ❖ chemical irritants in the workplace

- ❖ air pollution.

Other triggers can include cold air, extreme emotional arousal such as anger or fear, and physical exercise. Asthma can be triggered even by certain medications such as aspirin, other non-steroid anti-inflammatory drugs and beta-blockers (which are used to treat high blood pressure, heart conditions and migraine).

## The Diet

This section is focused on the important role that diet plays in the life of an asthma sufferer. Diet can help reduce the hyperactivity of immune cells so that they are less reactive to air pollution and allergens. Certain nutrients also help neutralize the free radicals produced, which may reduce the severity or frequency of asthma attacks and improve the function of the lungs. A healthy appropriate diet definitely has a positive impact on many people suffering from asthma. Food should be taken at regular intervals in controlled amounts to avoid overloading of stomach, which may initiate an asthma attack.

There is evidence that people who eat diets higher in vitamins C and E, beta-carotene, flavonoids, magnesium, [selenium](#), and omega-3 fatty acids have lower rates of asthma. Many of these substances are antioxidants, which protect cells from damage.

- ❖ **Vitamin C-rich foods:** Fruits and vegetables are essential to keep lungs healthy. Vitamin C is extremely beneficial for asthma patients who experience exercise-induced hyperactive airways. Foods rich in vitamin C are grapes, tomatoes, pineapples, watermelons, citrus fruits, kiwi fruits, green mustard leaves, raw cabbage, cauliflower, spinach, parsley, carrots, and peppers, .

- ❖ **Vitamins B rich foods:** These are green leafy vegetables, pulses, sunflower seeds and dried figs which are also good sources of magnesium (helps in control of asthma). Green vegetables are also rich in antioxidants and can decrease the amount of free radicals in the body which act as triggers for asthma. Lightly steamed vegetables help bring out the flavour, retain nutrients as well as make them easier to digest.

- ❖ **Foods with omega-3 fatty acids** such as fish like salmon, tuna, and sardines and some plant sources, like flaxseed, walnuts -- are believed to have a number of health benefits. Although the evidence that they [help with asthma](#) is not conclusive, it is still a good idea to include them in your diet.

- ❖ **Foods rich in vitamin E.** Turnip, soy beans, wheat germ oil, mustard, sunflower seeds are excellent sources of vitamin E. People who consume large amounts of vitamin E have a lower risk of developing asthma. Increased vitamin E intake has been shown to improve lung function significantly.

- ❖ **Avoid [trans fats](#) and omega-6 fatty acids.** There is some evidence that eating Omega-6 fats and trans-fats, found in some margarines and processed foods, may worsen asthma, and other serious health conditions such as heart disease.

## Additional Suggestions

- ❖ Use extra virgin olive oil, if available.

- ❖ Reduce salt. Use instead natural spices, such as basil (tulsi), fenugreek (methi), sage, coriander, oregano. Most of these spices contain rosmarinic acid which has antioxidant abilities to neutralize free radicals, and also blocks the production of pro-inflammatory chemicals such as leukotrienes.

- ❖ Use digestive stimulants, such as ginger, garlic, black pepper, long pepper, cumin seed, cinnamon, cardamom and cloves.

- ❖ Turmeric works as both preventive and curative for this ailment. As a preventive, you can regularly use one teaspoonful of turmeric powder, either with two teaspoons of honey or a cup of warm milk, twice daily on empty stomach. If it is used before or at onset of a nasal problem, this will reduce the intensity or acuteness of attack and bring quick relief.

- ❖ Protein intake of 40 to 50 gm per day is recommended. Goat's milk is very useful for asthmatics.

- ❖ Lycopene, known for its antioxidant activity, benefits especially those with exercise-induced asthma. Rich food sources of lycopene include tomatoes, guava, apricots, watermelon, papaya, red bell peppers.

- ❖ Have light dinner at least two hours before sleeping. Drink plenty of water each day as it helps in cleansing the intestine.
- ❖ Pranayama (breathing exercises), yoga and meditation, learned from an expert can be beneficial.
- ❖ For babies and young children, lack of vitamin A is related to increased susceptibility to bronchial problems. So, include plenty of carrots, tomatoes, spinach, apricots, strawberries and other foods rich in vitamin A.

**Other Precautions**

- ❖ Avoid sulphite containing foods such as sulphur-dried fruits, shrimp, wine, bottled lemon & lime juices and avoid preservatives, as these might trigger asthma.
- ❖ Ripe bananas, oranges, sour fruits, lemons, sour fruit juice, and pickles may worsen asthma.
- ❖ Limit intake of starchy foods such as rice, lentils and potatoes as they cause constriction of bronchial arteries.
- ❖ Heavy coffee drinking and smoking causes thickening of bronchial vessels, leading to sleeplessness and anxiety. Tobacco smoking also leads to chronic bronchitis which can go on to cause asthma.
- ❖ Avoid consuming excess milk and milk products, soy, eggs, wheat, peanuts, fish, shellfish and tree nuts.
- ❖ Avoid ice cold drinks and juices as they increase the severity of lung inflammation.

Appropriate management of asthma can control the disease and enable people to enjoy a good quality of life

Note: If you suffer from asthma, it is advisable to consult a dietician for beneficial additions and subtractions to your asthma treatment and diet, in addition to your physician.

[http://www.ehow.com/way\\_5510096\\_protein-diet-asthma-patients.html](http://www.ehow.com/way_5510096_protein-diet-asthma-patients.html)  
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<http://www.webmd.com/asthma/guide/asthma-diet-what-you-should-know>  
<http://www.who.int/topics/asthma/en/>

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**☞ The Answer Corner ☞**

*1. Question: What is the best way to protect the 108CC box?*

*Answer:* At home, it is best to maintain some distance (if possible, about a metre or 3 feet) from sources of radiation such as mobile/cordless phone, microwave oven, television, computer. If you are concerned during your travels, especially air travel, then the most practical way would be to wrap the box completely in normal kitchen aluminium foil on all 6 sides.

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*2. Question: What if I feel that my box has been affected by radiation?*

*Answer:* If you suspect that your 108CC box may have been affected by radiation, then you should make arrangement with your teacher/local coordinator to recharge your box.

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*3. Question: At what temperature should we store the 108CC box? Can it handle very cold or very hot temperatures (but not direct sunlight) if we are taking it with us when travelling e.g., in the boot/trunk of a car?*

*Answer:* At room temperature. It is best to store the 108CC box in a cool dark place. I don't recommend that it should be carried in the trunk of a car during hot weather. It will be best to keep it inside an insulated box (e.g., a cooler) in this situation. Do not refrigerator your box or bottles of pills.

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*4. Question: My family uses stainless steel glasses to drink water. Will this have any effect on the vibrionics remedies that we take in a glass tumbler using a non-metallic spoon?*



**Answer:** You can use any metallic vessel in your household without affecting the remedies. Simply ensure that remedies don't come in contact with any metallic container or spoon.

5. **Question:** *Can we use the remedy left in a cracked dropper bottle to make a new remedy bottle?*

**Answer:** Yes, we can so long as there are no glass fragments inside.

6. **Question:** *If we get a new bottle, does it need just one drop from another kit to remake the combo?*

**Answer:** Yes, one drop is sufficient.

7. **Question:** *If a bottle with no crack is almost empty, can I just fill it with alcohol to make more remedy?*

**Answer:** Of course you can. After filling, simply shake by tapping against the palm of the other hand 9 times.

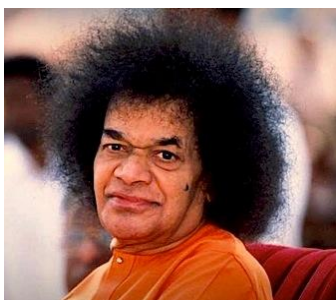
8. **Question:** *Should I wrap the bottle of pills in aluminium foil or put it in an aluminium box while travelling or taking it to work?*

**Answer:** Yes, this will certainly provide greater protection against neutralisation of the pills by radiation.

9. **Question:** *How can I be sure that my aluminium box will protect the pills against radiation?*

**Answer:** Put a mobile phone inside the aluminium/tin box. Now, ring the mobile number from another phone. If the box is good, the mobile phone will not ring. If you now open the box, the mobile will start ringing!

**Practitioners:** *Do you have a question for Dr. Aggarwal? Send it to him at [news@vibrionics.org](mailto:news@vibrionics.org)*



## ☞ Divine Words from the Healer of Healers ☜

***"All that you eat, all that you see, all that you hear, all that you take in through the senses, make a dent on your health."***  
**...Sathya Sai Speaks vol 2 page 78**

***"...If we change our vision, we will experience peace. When people view the world with the vision of love, they will have peace. All diseases will be cured. Most diseases have their origin in the mind. Everything has a psychological basis. When a person feels that something is wrong with him, he develops an illness. A healthy mind is needed for a healthy body. But it is not enough to be physically healthy. Man needs God's grace also. To acquire God's grace, you have to cultivate the love of God. Love has become today a kind of show. Genuine love should emanate from the heart. Start the day with love, spend the day with love, end the day with love, that is the way to God. If you develop love, disease will not come near you."***

**...Sanathana Sarathi 1995 page 117**

## ☪ Announcements ☪

### Forthcoming Workshops

- ❖ **Italy Venice:** Refresher National conference 31 August 2013, contact Manolis by email at [manolistho@yahoo.it](mailto:manolistho@yahoo.it) or by telephone at +39-41-541 3763.
- ❖ **Poland Wroclaw:** Senior VP workshop 13-15 September 2013, contact Dariusz Hebisz by email at [wibronika@op.pl](mailto:wibronika@op.pl) or by telephone at +48-606 879 339.
- ❖ **Greece Athens:** JVP and National refresher workshops 21-23 September 2013, contact Vasilis by email at [saivasilis@gmail.com](mailto:saivasilis@gmail.com) or by telephone at [+30-697-2084 999](tel:+30-697-2084-999).

**All Trainers: If you have a workshop scheduled, send details to:** [99sairam@vibrionics.org](mailto:99sairam@vibrionics.org)

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### \*\*\*ATTENTION PRACTITIONERS\*\*\*

- ❖ Our website is [www.vibrionics.org](http://www.vibrionics.org). You will need your Registration number to login to the Practitioner Portal. If your email address changes, please inform us at [news@vibrionics.org](mailto:news@vibrionics.org) as soon as possible.
- ❖ You may share this newsletter with your patients. Their questions should be directed to you for answers or for research and response. Thank you for your cooperation.

**Om Sai Ram!**

*Sai Vibrionics*. . . towards excellence in affordable medicare - free to patients