

## Sai Vibrionics Newsletter

[www.vibrionics.org](http://www.vibrionics.org)

"Whenever you see a sick person, a dispirited, disconsolate or diseased person,  
there is your field of seva."...Sri Sathya Sai Baba

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### ☪ From the Desk of Dr Jit K Aggarwal ☪

Dear Practitioners

Let me start by wishing you all a very happy and holy 2013!

By Swami's immense grace, Vibrionics made big strides in the year just gone by. We have successfully carried out a complete re-structuring of our teaching program. In order to improve the quality of our training programs, we have instituted at all levels, correspondence courses of 6-10 weeks' duration. These have to be followed by practical training sessions of 2-5 days' in order to qualify as a Vibrionics practitioner. Last year, a lot of new practitioners have been trained, many existing ones have graduated to higher levels and several practitioners have become Certified Teachers. This has resulted in rapid growth of Vibrionics movement, thanks to the dedicated and tireless efforts of our teachers and mentors. A warm welcome to all the new practitioners who have joined our Vibrionics family!

As our work expands, the need of the hour is for active Vibrionics practitioners to volunteer as coordinators to help in administration and management. If you would like to be in the forefront of vibrionics seva in any capacity, in your respective State or Country, please send us an email with your name, qualification and experience. If we manage to appoint enough coordinators, we intend to hold a meeting of all office bearers in Prashanti Nilayam later this year.

Practitioners are constantly reporting *verbally* some amazing stories of their successful healings but have expressed their inability to pen them down. To facilitate reporting of such cases, we have appointed a number of volunteers who have offered to take full case histories on the phone. These will then be submitted to us for publication by email. If you would like to avail of this service, send us an e-mail at [99sairam@vibrionics.org](mailto:99sairam@vibrionics.org) and we will provide you the contact details of the available volunteer who you can call. Also, if any of you have many exceptional cases that you would like to see published for the benefit of others, we can put them together as a Special Feature on the concerned practitioner in a future edition of our newsletter. So, start collating your outstanding cases now!

In December we conducted two special refresher workshops – one in Mumbai and the other in Kerala, India (pics to be soon posted on our website). The workshop in Mumbai was attended by **108 practitioners** from the Indian state of Maharashtra & Goa. We are grateful to the senior office-bearers including the State President and All India Vice-President of the Sai Organisation who gave firm assurance of their continued and unconditional support to Vibrionics. The workshop in Kasaragod district in Kerala was attended by 51 practitioners. The State President addressed the participants with an inspiring telephonic message, as he was unable to attend personally. The practitioners of this district have undertaken a special project to treat victims of the Endosulfan tragedy – one of the world's worst pesticide disasters. We visited the affected area and the work done by our practitioners is worthy of appreciation.

Once again I would like to remind you about the importance of sending your monthly progress reports. It is very important for us to know if you are an active practitioner. Only in that case, we can give out your contact information to prospective patients in your area. It also helps us collate comprehensive statistics for our annual report. Your feedback on your experiences and case histories helps us to keep our books up-to-date. We urge you to continue to send us your reports on time every month.

Some of our practitioners in Delhi-NCR, India have conducted experiments on plants, using the Plant tonic. Results are amazing! Full details of their findings in the next issue.

Finally I wish you all a fantastic year ahead... may Swami fill our hearts with love and bodies with energy to continue to practice our chosen form of seva with zeal and redoubled efforts.

In loving service to Sai

Jit Aggarwal

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## Case Histories Using Combos

### 1. Fear & Constipation <sup>2854...UK</sup>

A mother came to see the practitioner with her son aged nearly 3 years because he had been very constipated for the past 2 years. He was also withdrawn and frightened of people including his own father. He was particularly fearful when he was expected to use the toilet and pass stool. When the practitioner spoke to him, he looked scared and clung to his mother. His appetite was also poor. He was given:

#### **CC4.4 Constipation + CC15.1 Mental & Emotional tonic + CC12.2 Child tonic...TDS**

The parents told the practitioner, after the very first dose, that a wonderful thing happened. The boy said he wanted to sleep with his father whereas before, he **only** wanted to be with his mother! And within a few days of treatment, the child was not fearful even when he went to pass a stool, which he now did daily. He is also more friendly and relaxed. The practitioner noticed that he did not cling to his mother like he did before. He was running around like other healthy children of his age. He continues taking the medicine BD for a further two weeks followed by OD until it is finished.

*If using a Sai Ram Potentiser give: NM6 Calming + NM13 Constipation + NM69 CB8 + NM75 Debility + NM90 Nutrition + BR2 Blood Sugar + BR4 Fear + BR8 Constipation + SM5 Peace & Love Alignment + SM9 Lack of Confidence.*

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### 2. Menses Irregular <sup>2799...UK</sup>

An English female medical doctor age 33 came to see the practitioner because her menses were irregular since puberty. Her period was always late generally between 35 and 45 days instead of the usual 28 days. It was also very scanty. She had taken allopathic medicine without success. She was given:

#### **CC8.1 Female tonic + CC8.8 Menses irregular + CC15.1 Mental & Emotional tonic + CC17.3 Brain & Memory tonic...TDS for 2 months.**

Her period became completely normal within two months. She was advised to continue the remedy for a further 3 months TDS then reduce to BD. Her periods continue to be completely normal occurring every 28 days and lasting 5 days but she does not yet want to reduce to OD since she suffered for so long.

*If using a Sai Ram Potentiser give: NM23 Menses Irregular + OM24 Female Genital + BR16 Female + SR309 Pulsatilla 30C + SR515 Ovary + SR537 Uterus.*

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### 3. Mental disorder <sup>2799...UK</sup>

This is a female patient aged 23 years. She is a Psychology graduate who has been suffering from a serious mental disorder for the past 3 years. When her parents brought her to see the practitioner she was aggressive, suicidal and shouting. Her parents said that the allopathic medicines had not helped and she was also suffering from their side-effects. She was given:

#### **#1. CC15.1 Mental & Emotional tonic + CC15.2 Psychiatric disorders + CC17.3 Brain & Memory tonic...QDS for two weeks then reduced to TDS.**

After 1 month she was 50% better. As the patient now complained of insomnia, she was given:

**#2. CC15.6 Sleep disorders...** 1 pill half-hour before normal bedtime; if not asleep, another pill at bedtime. If still not fallen sleep, 1 pill after half-hour. If necessary she could take one more pill during the night. After 15 days the parents called to say her sleeping was now normal and they were reducing the allopathic medication gradually. She continued taking the above two combos for 5 months after which she stopped all allopathic medication. The patient is now 100% normal and started a new job. The #1 combo was reduced to BD but she continues the sleeping remedy at the same dosage.

*If using a Sai Ram Potentiser give: NM6 Calming + NM64 Bad Temper + NM69 CB8 + SM1 Removal of Entities + SM2 Divine Protection + SM4 Stabilising + SM5 Peace & Love Alignment + SR268 Anacardium 50M + SR273 Aurum Met CM + SR410 Stramonium 1M + SR458 Brain Whole.  
For sleeping: NM28 Sleep + SM5 Peace & Love Alignment + SM8 Insomnia.*

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#### **4. Hospital Virus, Chronic Food and Latex Allergies** <sup>2802...UK</sup>

A dentist aged 25 working in a hospital contacted the practitioner because he could not clear a virus he had caught at work. This caused diarrhoea and tiredness with a heavy feeling in the head. He also had allergy to nuts and chickpeas. In addition, latex gloves which he was obliged to wear at his work, caused his hands to be itchy. The practitioner posted the following combos to him:

**#1. CC9.2 Infections acute + CC4.6 Diarrhoea + CC19.2 Respiratory allergies + CC19.5 Sinusitis....6TD** for the virus.

**#2. CC21.3 Skin allergies + CC4.10 Indigestion + CC4.2 Liver & Gallbladder tonic + CC15.1 Mental & Emotional tonic...TDS** for the chronic allergies.

The two combos to be taken separately during the day. Two months later he reported the pills were amazing: his diarrhoea was better in 3 days and soon stopped completely. His digestion was much better and he was now able to eat chickpeas. His hands were not itching so much from the latex gloves. Three more bottles were posted to him of Combo #2 and he was told to reduce the remedy when his condition was stable. The practitioner has reported that he is now quite well.

*If using a Sai Ram Potentiser give: #1. NM36 War + NM62 Allergy-B + NM80 Gastro + BR13 Allergy + BR14 Lung + BR15 Sinus. #2. NM27 Skin-D + NM29 SUFI + NM102 Skin Itch + BR9 Digestion + SR528 Skin*

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#### **5. Infertility** <sup>01476...India</sup>

A woman aged 33 had not been able to conceive a child for 8 years even though she had tried various artificial allopathic methods. When she came to the practitioner in October 2011, she was tense and agitated. She had been taking allopathic medicines for diabetes for 6 years and hypothyroid for 3 years. She was given the following:

**#1. CC6.2 Hypothyroid + CC6.3 Diabetes + CC8.1 Female tonic + CC8.4 Ovaries & Uterus...TDS**

She conceived within 10 days. The practitioner was in regular touch with her on the phone to support her because she was apprehensive about the safety of her child due to her health problems. The combo was changed to the following:

**#2. CC6.2 Hypothyroid + CC6.3 Diabetes + CC8.2 Pregnancy tonic + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...TDS**

She took this combo during her entire pregnancy and one month thereafter. She monitored her blood sugar and thyroid levels carefully and continued to take her allopathic medicines throughout. However, during the 5<sup>th</sup> month for diabetes, she took insulin injections from an insulin pump. The baby was due on 10 August but her daughter was born by C-Section on 17 July 2012, weighing 2.7 kg. Today the child is 5 months old. The mother has no diabetes now. Her thyroid level is stable and her thyroid medicine has already been reduced from 50 mg to 25 mg. The child is totally breast fed.

If using a Sai Ram Potentiser give: For infertility: OM24 Female Genital + BR8 Stress + BR16 Female + SM1 Removal of Entities + SM2 Divine Protection + SM4 Stabilising + SM5 Peace & Love Alignment + SM6 Stress + SR261 Nat Mur 200C + SR313 Sepia 200C + SR398 Nat Carb + SR515 Ovary + SR537 Uterus. For Diabetes: NM74 Diabetes + BR2 Blood Sugar + SM17 Diabetes + SR516 Pancreas. For Hypothyroid: SR225 Throat Chakra + SR230 Moonstone + SR261 Nat Mur + SR280 Calc Carb 30C + SR308 Pituitary Gland + SR319 Thyroid Gland + SR320 Thyroidinum + SR568 Hypothyroidism.

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**6. Painful Back** <sup>1176...Bosnia</sup>

A 76 year old man phoned the practitioner asking for help with a very painful back. The pain extended from the sacral area all the way down to his right knee. It was so severe that he was hardly able to get out of bed. The problem had first appeared twenty years ago and then came back from time to time. He was using strong pain-killers for the present attack but without much relief. He was given:

**NM113 Inflammation + SR267 Alumina 30C + SR404 Picric Acid 1M** to be taken immediately the pain starts and to be repeated 30 minutes later.

The patient experienced immediate relief. When the pain reappeared, the above was repeated. In two days, the patient was able to go up and down the stairs with much less difficulty. In two weeks, he was without pain and has been free of pain for over ten months now. The practitioner says that he has treated at least ten other similar body pain cases with these remedies with equal success.

*The above is an interesting alternative to using NM97 Sciatica, which is what the condition is.*

*If using the 108CC box give: CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue*

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**7. Protection for Vegetable Plants** <sup>0002...India</sup>

Some vegetable plants such as courgettes (zucchini – baby marrows), tomatoes and French beans grown in this practitioner’s garden used to suffer from a powdery mildew soon after their first crop, then collapse and die, even though they are frequently fed with cow manure and worming compost, and treated with a solution of Neem oil mixed with a chilli and soap solution.

She was told to put one drop of **SR264 Silicea 6X** in a watering can soon after planting and continue it weekly throughout the growing period. This simple treatment did wonders! The wilting plants started to recover, thus giving higher yield. The new ones just planted grew to be strong, healthy and very productive.

***This information comes from Homoeopathy for Farm & Garden by Vaikanthanath Kaviraj. Also recommended is soaking seeds in Silicea 6x prior to germinating.***

Another practitioner wrote in to say that a grower in Auroville has tried **Silicea 30C** on plants and gets better results from this compared to using other organic pesticides.

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**Important Reminder:**

**We have hardly been receiving any successful cases recently from practitioners using the Sai Ram Potentiser. However, we keep hearing from various practitioners that miraculous cures are taking place. So please help all practitioners and future patients around the world by sending in your best cases for publication in the future Newsletters....**

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Sai Vibrionics offers health information and articles for educational purposes only; this information is not meant as medical advice. Counsel your patients to see their medical doctor about their specific medical condition.

### **EIGHT WARNING SIGNS OF HEART ATTACK**

Here are eight signs that can be taken as warning and could help avert a catastrophic situation:

#### **1. Discomfort in the Chest**

The most common warning sign of a heart attack is the feeling of discomfort or heaviness in the chest that is new, severe, unexpected, and occurs with shortness of breath, sweating, nausea, or weakness. This feeling could also be more of a burning sensation. Chest pain or discomfort during activity that is relieved with rest. Any of these symptoms should not be taken lightly especially if you have heart disease. If it occurs, you need to rush to your medical doctor or the nearest hospital. If another person is complaining of the problem don't take chances. Rush them to the nearest doctor or hospital immediately for a check-up.

#### **2. Shortness of Breath**

If your breathing gets heavy and the breath falls short even after a short walk, climb or other form of movement or exercise, it should be a huge cause of worry. Shortness of breath NOT relieved by rest. Even if this condition is not accompanied with chest discomfort, it should be taken as a warning sign. Fast heart rate (more than 150 beats a minute) – especially if there is shortness of breath, too.

#### **3. Sweating**

While sweating is inevitable in the scorching heat of summer, excessive sweating even in cool conditions is uncalled for. If you notice such sweating, consult a medical professional immediately.

#### **4. Nausea**

Regularly feeling nauseous or dizzy could imply the onset of a heart attack. Do not treat it callously as a sign of tiredness. This could happen due to the artery getting blocked. It could also display itself via excessive stress, fatigue after short spans of movement or exercise, or a feeling of weakness despite eating and sleeping well.

#### **5. Numbness in Arms**

Sudden weakness or paralysis (inability to move) in the arms or legs. If your arms feel numb and seem to be drifting to the sides, heart problem may be the cause.

#### **6. Headache or Fainting Spell**

Sudden, severe headache or constant dizziness or light-headedness, restlessness and/or sudden confusion are other potential signs. When caring for a person with heart disease, if there is a fainting spell with loss of consciousness, get help immediately.

#### **7. Unresponsiveness**

If certain parts of your body begin to stop responding, do not ignore the circumstance. The affected parts may be the shoulders, arms or back of the neck.

#### **8. Slurring while Speaking**

Difficulty while speaking need not necessarily occur after a bout of drinking with the buddies. It could be a graver situation than that! Inability to speak coherently could be the sign of a great attack. If you think you are suffering this ask a friend or relative to help by asking them to understand what you are saying.

A heart attack can be avoided if the warning signs are read correctly and in time. Seek medical aid immediately if one or more of the above symptoms are noticed. They could be the result of a choked artery. Even if heart attack is not the result, a check-up should definitely not be avoided! Take care!

**The 7 Risks of Heart Attack and Stroke** are Watching TV, Snoring, Gum Disease, Psoriasis, Migraines, Vitamin D Deficiency, Pregnancy Complications. To learn more about these risks, go to:

<http://health.yahoo.net/experts/dayinhealth/7-hidden-heart-attack-stroke-risks>



For information about heart disease, check out the US Centre for Disease Control:

<http://www.cdc.gov/heartdisease/faqs.htm>

Sources: WebMD.com and CDC.gov, Swanson Research Update



## Health Benefits of Turmeric



Turmeric (*Curcuma longa*) is a yellow spice widely used in Southeast Asia. It originates from India and has been used as both medicine and food for centuries. This relative of ginger is one of the main ingredients of curry powder. The active medicinal ingredient in turmeric is called **curcumin**, the natural pigment that gives turmeric its yellow colour.

Curcumin has increasingly come under the scientific spotlight in recent years, with studies conducted in the world's leading universities, investigating its potential health benefits. Accumulating evidence suggests that curcumin is a promising preventive agent for a wide range of diseases. Here are some of these findings:

### Turmeric and Cancer

Studies have been conducted on the turmeric and cancer connection. They reveal that turmeric can induce a process that triggers the self-destruction of cancerous and damaged body cells. Given its antibacterial properties, turmeric is beneficial in treating many types of cancer, most noticeably breast cancer, colon cancer, lung cancer and leukaemia.

Rodent studies at the University of Texas indicate that curcumin inhibits the growth of a skin cancer, melanoma and also slows the spread of breast cancer into the lungs. Researchers from the University of South Dakota have found that pre-treatment with curcumin makes cancer cells more vulnerable to chemo and radiotherapy.

### Turmeric and Liver Function

The liver helps by detoxifying your blood through the production of enzymes. These enzymes break down and eliminate the toxins found in your body. Taking a turmeric supplement or using turmeric recipes increase the production of these vital enzymes, thus increasing liver function. Curcumin also seems to delay liver damage that can eventually lead to cirrhosis, according to preliminary experimental research at the Medical University Graz in Austria.

### Turmeric For Arthritis

Due to turmeric's anti-oxidant and anti-inflammatory properties, turmeric health benefits provide relief to those suffering from moderate to mild joint pains. Arthritis patients using turmeric for arthritis were found to benefit from reduced morning and evening joint pains. It has now become a natural remedy for arthritis sufferers and provides significant pain relief while also increasing walking speed for patients.

### Turmeric and Wounds

As an anti-bacterial and anti-inflammatory agent, turmeric works to heal wounds, cuts and other skin injuries. Using a saucepan, boil coconut oil and add a small amount of turmeric to it. Mix the two together, turn the stove off. When it is no longer too hot to touch, use a cotton swab to apply some of the mixture to the wound. Saving the extra oil in an airtight container allows you to use it in the future without needing to go through the boiling process again.

### Turmeric and Alzheimer's

Brain inflation is suspected to be one of the leading causes of Alzheimer's disease. Studies done with turmeric have shown that one of the major turmeric health benefits is helping to prevent Alzheimer's disease. Turmeric anti-oxidant and anti-inflammatory properties might help to prevent or delay the

onset of this ruthless disease. It is believed that turmeric blocks the production of IL-2 protein, which is known to destroy the protective sheath found around the nerves.

Epidemiologists have hypothesized that turmeric, as part of daily curries eaten in India, may help explain the low rate of Alzheimer's disease in that country. Among people aged 70 to 79, the rate is less than one-quarter that of the United States.

### **Turmeric and Cardiovascular Disease**

Unhealthy cholesterol levels are the primary cause of most cardiovascular disease. When cholesterol oxidizes, it builds up on the walls of body cells. Turmeric contains vitamin B6, which regulates homo-cysteine levels. Homo-cysteine is directly responsible for damaging body cells. Through interaction with the liver, turmeric lowers the cholesterol levels in the body, which aides in preventing most cardiovascular diseases.

Daily supplements of curcumin may benefit cardiovascular health to the same extent as exercise for postmenopausal women, says new data from a clinical trial conducted in Japan. Vascular health, as measured by flow-mediated dilation (FMD), improved equally in groups of women receiving the curcumin supplements and those receiving aerobic exercise training, according to findings published in the journal *Nutrition Research*.

The National Institute of Health USA, lists 24 current studies on the effects of turmeric and its chief active component, curcumin. Such studies raise the question: Which is better to take: whole turmeric, generally used as a powdered spice with food; or curcumin, which is usually taken as a supplement? According to Dr Andrew Weil, *"Each has been shown to have health benefits but unless you have a specific condition such as inflammatory bowel disease, I favour using turmeric (especially in cooking) rather than taking curcumin pills. This reflects my general belief that, until proven otherwise in head to head studies, a whole plant is usually a better choice than isolates of a plant. On the other hand, curcumin appears to have a more rapid and dramatic effect, and may be the better choice as a therapeutic (rather than a preventative) preparation."*

Sources: [http://www.huffingtonpost.com/andrew-weil-md/turmeric-health-have-a-happy-new-year\\_b\\_798328.html](http://www.huffingtonpost.com/andrew-weil-md/turmeric-health-have-a-happy-new-year_b_798328.html)  
<http://nccam.nih.gov>  
<http://feelgoodtime.net/what-are-benefits-and-side-effects-of-curcumin-kurkumin-curcumin-for-cancer-and-dosage/>  
<http://turmerichealthbenefits.org/>  
<http://www.nutraingredients-usa.com/Research/Curcumin-may-match-exercise-for-heart-health-benefits-RCT-data>  
<http://neovitin.com/curcumin.aspx>

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## **☞ The Answer Corner ☞**

**1. Question:** *Can a vibration be put in Ayurvedic medicinal oil for external use?*

**Answer:** At present, we don't recommend this because we believe that vibration of ayurvedic medicine may interfere with vibrational remedy. We use oils such as almond oil, cold pressed olive oil or coconut oil because these are neutral. However, we are interested in getting a feedback for those who are willing to experiment with adding vibrations to ayurvedic medicines.

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**2. Question:** *How do allopathic medicines and vibrations complement each other for a faster cure?*

**Answer:** Whereas allopathic medicines work on physical or gross level, vibrionics works on a higher or subtler level and this achieves faster healing.

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**3. Question:** *In the 108CC book, a few homoeopathic remedies are mentioned in the breakdown of the common combos. Does this mean that combos contain homoeo remedies?*

**Answer:** No, common combos contain only **vibrations** including those of some relevant homoeo remedies.

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**4. Question:** *Should a patient continue with maintenance dose for a chronic illness while starting to take vibrations for another acute/chronic disease?*

**Answer:** For a chronic disease, yes, but ensure that there is a gap of at least one hour between the maintenance dose and the new remedy. However when a patient has an acute illness, the maintenance dose may be stopped during the short period of acute treatment.

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**5. Question:** *I understand that SSS Seva Organisation distances itself from Vibrionics, which is discouraging news, particularly when the news is coming out after Samadhi! Your guidance, please.*

**Answer:** Actually, the SSS Seva Organisation has been facilitating our workshops and other activities provided their name is not mentioned on any banner at such camps. Remember that Swami blessed the Vibrionics system physically at all stages of its evolution on numerous occasions from 1994 to 2011.

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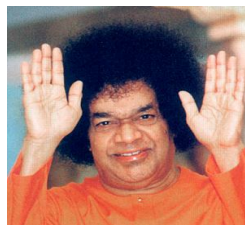
**6. Question:** *Can Vibrionics be used as a protection against pests in agriculture?*

**Answer:** In 108CC box, the **CC1.2 Plant tonic** will protect plants from damage caused by weather like frost or storms, fungus, insect infestation etc. 5 drops may be put in one litre of water to make the initial remedy. This can be further multiplied by using 1:10 proportion. It can be used to regularly spray the plants and water the soil.

If using a Sai Ram Potentiser give: *NM12 Combination-12 + NM20 Injury + NM25 Shock + NM91 Paramedic Rescue + SM2 Divine Protection + SM4 Stabilising + SM5 Peace & Love Alignment + SM6 Stress + SM14 Chemical Poison + SM26 Immunity + SM41 Uplift + SR315 Staphysagria + SR325 Rescue + SR327 Walnut + SR329 Crab Apple + SR360 VIBGYOR + SR428 Gorse + SR432 Hornbeam + SR437 Oak + SR438 Olive + SR566 Fungi-pathogenic*

Practitioners: Do you have a question for Dr. Aggarwal? Send it to him at [news@vibrionics.org](mailto:news@vibrionics.org)

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### ☪ Divine Words from the Healer of Healers ☪

*"Spiritual Practice (Sadhana) is constantly cultivating good thoughts and undertaking good deeds."*

*Sathya Sai Baba - Radio Sai Nov 30.2012*

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*"Take the ups and downs of life as natural. They are incidental to the world of compounds and components. When an empty plantain leaf is kept, it tends to move up in the wind and fly. But, when you serve dishes on it, the food and the leaf will remain unshaken. So too, fill your mind and heart with the virtues of faith, steady discipline, devotion, detachment and equanimity - these are items of the spiritual menu. Then you will not sink with every blow. When you have attained true wisdom, you will find that good fortune should not be gloated over, nor bad fortune grieved over. A hero treats both with equal unconcern. Pain and Gain are breezes and storms that cannot affect the depths of the ocean of bliss in the heart of a true devotee."*

*Sathya Sai Baba – Divine Discourse, Oct 19, 1966*

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*"Sow an action, reap a tendency, Sow a tendency, reap a habit,  
Sow a habit, reap a character, Sow a character and reap a destiny."*



You are the maker of your destiny, You can do or undo it."

Sathya Sai Baba, Discourse at the 10th Convocation of Sai Institute, Nov 22,1991

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## 🌀 Announcements 🌀

### Forthcoming Workshops

- ❖ **India Bangalore** AVP and JVP workshop 23-24 February 2013, contact Shekhar at [rsshekar@aol.in](mailto:rsshekar@aol.in) or by telephone at +91-9741 498 008.
- ❖ **India New Delhi** JVP workshop 24 February 2013, contact Sangeeta at [trainer1.delhi@vibrionics.org](mailto:trainer1.delhi@vibrionics.org)
- ❖ **India Puttaparthi**: SVP workshop 1-5 March 2013, contact Hem at [99sairam@vibrionics.org](mailto:99sairam@vibrionics.org)
- ❖ **India Puttaparthi**: AVP workshop 9-10 March 2013, contact Hem at [99sairam@vibrionics.org](mailto:99sairam@vibrionics.org)
- ❖ **Poland, Wroclaw**: JVPs workshop & refresher course for existing AVPs 27-28 April 2013.
- ❖ **Poland (venue to be decided)** Senior VP workshop 27-29 September 2013.  
Contact Dariusz Hebisz +48 606 879 339 or by email at [wibronika@op.pl](mailto:wibronika@op.pl)
- ❖ **Greece Athens**: JVP and practitioner refresher workshops 11-13 October 2013, contact Vasilis at [saivasilis@gmail.com](mailto:saivasilis@gmail.com) or by telephone at +30-697-2084 999.

**All Trainers: If you have a workshop scheduled, send details to:** [99sairam@vibrionics.org](mailto:99sairam@vibrionics.org)

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### ATTENTION PRACTITIONERS

If your email address changes, please inform us at [news@vibrionics.org](mailto:news@vibrionics.org) as soon as possible.  
Please share this information with other vibro practitioners.

You may share this newsletter with your patients. Their questions should be directed to you for answers or for research and response. Thank you for your cooperation.

Our website is [www.vibrionics.org](http://www.vibrionics.org)

Practitioners; you will need your assigned Vibro Registration number to access the Practitioner Portal.

**Jai Sai Ram!**

*Sai Vibrionics*...towards excellence in affordable medicare - free to patients