

## **Sai Vibrionics Newsletter**

[www.vibrionics.org](http://www.vibrionics.org)

“Whenever you see a sick person, a dispirited, disconsolate or diseased person,  
there is your field of seva.”...Sri Sathya Sai Baba

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### **❧ From the Desk of Dr Jit K Aggarwal ❧**

Dear Practitioners, Loving Sairam!

I hope all of you had a holy and beautiful Mahashivratri. Here in Prashanti Nilayam, not only were the bhajans soulful but we had something special for Vibrionics too. You will be happy to know that the All India President of the Sri Sathya Sai Organisation, Sri Srinivasan, organized a Vibrionics workshop for all the State Presidents of India and their medical coordinators on 20<sup>th</sup> February 2012, the auspicious day of Mahashivratri. The purpose of the seminar was to spread awareness about Vibrionics amongst the office bearers in the Organisation. As we no longer have Swami in His physical form to give us direct instructions, it was important that official position on Vibrionics was made clear.

We began the workshop by invoking the blessings of the Lord with Veda chanting and lighting of the lamp by the All India President. He, in his inaugural address, assured us that while Vibrionics seminars in India will not be held under the banner of Sri Sathya Sai Seva Organisation, they will facilitate workshops that we conduct in different states of India.

I gave a brief introduction to this system of healing and a demonstration as to how the Sai Ram potentiser is used to make remedies. We felt it was necessary to tell the audience about Swami's constant physical involvement in this system since we started practicing it in the ashram in 1994 under His direct command. So, we elucidated on how Swami blessed the first *Sai Ram Healing Vibration Potentiser*, how He blessed us to conduct seminars overseas and in India, how He assured us time and again that non-doctors could practice this system (we are *not* Healers, He is the only Healer and true Doctor), how He blessed various new books, the 108 Common Combos box, the Newsletter, and how He blessed and cut our Vibrionics cake on three successive Guru Purnima. In fact, when we listed Swami's blessings and instructions for Vibrionics, it was simply amazing to see how much He had given us in the last 18 years! We are indeed fortunate to have had such a loving Lord to turn to for guidance and support.

The Vibrionics Coordinators of Maharashtra, Delhi-NCR, Kerala, Karnataka and J & K, and a member of the teaching faculty gave short speeches. They touched on: how Vibrionics is such a simple form of seva, how faith (of the practitioner) is key to effective healing, how camps are being conducted in villages and slums with astounding results, some wonderful examples of patients who were completely cured and incredible statistics of the number of patients being treated and number of seva hours being logged by dedicated practitioners.

The Coordinator for Poland spoke about how Vibrionics is a Sadhana and takes us closer to our Lord, how Vibrionics came to Poland in 1999 and how they conduct seminars and refresher courses regularly there. One of our active practitioners from the UK presented some almost unbelievable cases of complete healing. She made a very important point that it is not merely the remedies that work in the cure but just talking to the patient and letting him unburden can start the healing process. Our head of research from the UK, spoke about her conviction in the system and how it is powered by Swami's love for all of us.

A practitioner, who is also the editor of this newsletter from the USA, recounted how this initiative was born and blessed by Swami. She invited anyone wanting to do service, to translate the newsletter into popular Indian languages. She also gave the audience a live demonstration of our new-look website [www.vibrionics.org](http://www.vibrionics.org) which was launched on Swami's birthday last year. We had a short question-answer session and the workshop concluded with a touching video showing pictures of a few of Swami's countless physical blessings to Vibrionics.

Indeed, it was a very successful day and we hope that it was as productive for the audience as it was fulfilling for us - the practitioners. May this be a fruitful step in spreading worldwide the Sai seva through Vibrionics.

Samastha Loka Sukhino Bhavantu!

In loving service to Sai

Jit Aggarwal

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## Case Histories Using Combos

### 1. Skin Allergy with Infection <sup>01414...India</sup>

A 2 year old boy was brought to the practitioner with skin allergy, covering the whole of his body. There was infection and itching all over. For the past 4 - 5 months, on the advice of their doctor, the parents had applied a variety of creams to the skin and consumed allopathic medicines but without any improvement. The mother then contacted a homoeopathic clinic to see if they could help. After examining the child's skin, they promised her that they could cure the boy within 2-3 years at a cost of Rs 18,000. The parents could not afford such a high amount; so their last resort was Sai Vibrionics. The boy was given:

#### CC21.2 Skin infections + CC21.3 Skin allergies...QDS.

In one week, the skin become dry. This was a good sign so the mother was told to continue with the same medicine. In a further 15 days the skin was 90% clear. The mother remarked that it was unbelievable! She was told to continue to give the same combo at the reduced dosage of TDS for another 15 days. Thereafter the boy was completely cured and both the child and parents are very happy.

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### 2. Blocked Arteries <sup>2799...UK</sup>

This practitioner's first case was of an elderly overweight man of 74 years whose arteries were so blocked he could not walk more than 2 to 3 metres without needing a rest. His doctors at the hospital, after an MRI scan, told him he needed a heart bypass. This was arranged to take place in 2 weeks and he came to the practitioner in the hope that something could be done for him or to at least help him to overcome the worry of the operation he was about to have. He was given:

#### CC3.1 Heart tonic + CC15.1 Mental & Emotional tonic...TDS

The practitioner told him to change to eating steamed or fresh vegetables and to avoid heavy foods like starch items and encouraged him to try and walk a little, however difficult, in the open air. The patient returned a week later and said that he felt much better, was walking regularly in the local park and enjoying a lighter diet. As had been arranged, he went into hospital and was feeling less worried about the operation he was about to have. Before preparing him for the operation he was given another scan. The result of this scan astonished the doctors because it showed no blocks and so he didn't need the operation!

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### 3. Vitiligo or Leucoderma <sup>2763 ...India</sup>

A male patient aged 48 came to the practitioner because he was suffering from a skin disease marked by the gradual loss of pigment that produced white patches on the face and on some parts of the body. He was given:

#### CC21.2 Skin infections + CC15.1 Mental & Emotional tonic...TDS

In two months, the white patches were found to be fading. To improve the general health of the patient **CC12.1 Adult tonic** was added to the above combo. After another two months, the white spots had

further decreased in size and in another two months, they had completely disappeared. The combos continued to be given at reduced dosage so as to ensure that the disease would not return.

*With Swami's Grace this is wonderful healing of a disease that is very difficult to eradicate.*

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#### 4. Alopecia <sup>2799... UK</sup>

A mother came to the practitioner with a 10 year old girl who was almost completely bald. Their doctor said nothing could be done except to try steroids which the mother did not want to give her young daughter. It was an unhappy situation, for the girl was being laughed at and teased at school and she was becoming shy and introverted. She was given **CC11.2** but it did not work, the problem being with the blood and immune system. So the practitioner made a nosode with a little of the small amount of hair that was left on the girl and in 10 months there was a thick and bushy growth all over the head.

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#### 5 Cirrhosis of Liver <sup>2494...Italy</sup>

A woman aged 57 asked these practitioners for help as she had a sick liver that was not functioning properly. She was very tired, anaemic and bedridden and was waiting for a liver transplant. They gave her:

**#1. NM22 Liver + OM17 Liver-Gallbladder + SR263 Nat Sulph (200C) + SR284 Chelidonium + SR330 Addiction to Alcohol + SR504 Liver + SR547 Carduus Mar ...TDS**

**#2. NM2 Blood + OM1 Blood + BR1 Anaemia + SR361 Acetic Acid + SR494 Haemoglobin...TDS**

In two weeks she felt well enough to get out of bed. Over the following weeks the improvement continued. She was given an ultra sound of the liver two months later that showed it had made a complete recovery. The doctors were astonished and said it could not be possible but the ultra sound proved that her liver had miraculously regenerated itself! She therefore did not need a liver transplant and 9 years later is healthy with a liver that is functioning perfectly. As a continued precaution, she takes a regular dose of **CC4.11 Liver & Gallbladder tonic + SR330 Addiction to Alcohol.**

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#### 6. Hypothyroid <sup>2799...UK</sup>

When this practitioner was in Sierra Leone, a woman doctor who came with the allopathic team from UK, saw her give Vibrionics treatment to people there. On her return, the doctor contacted the practitioner to ask if Vibrionics could help her under-active thyroid. She had a hypothyroid for 5 years and since then she had been taking 50 mg of thyroxin daily. As she lived a long way from the practitioner, she was sent the following combo by post:

**SR308 Pituitary Gland + SR319 Thyroid Gland + SR521 Pineal Gland + SR568 Hypothyroidism + CC15.1 Mental & Emotional tonic...TDS**

Two months later, she went for a blood test. Her thyroid function was almost normal and so, her doctor has reduced the thyroxin to 25 mg. She is continuing to take the above combo.

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### The Loving Hands and Heart of a Practitioner

One of our very successful practitioners <sup>2799...UK</sup> came to the office in Prashanti Nilayam recently to talk about Swami's Vibrionics seva as she calls it. She is a Sri Lankan woman who is a retired maternity nurse and has lived in London for many years. In February 2010, she heard through the Sai Baba Centre in Harrow that there was going to be a two-day Vibrionics workshop in London. She was particularly interested in it because the workshop was free and believed that any form of healing that Baba was involved with would, of course, be free to patients. Her application was accepted, and she attended the course that took place in May 2010 at Oxford. At the end of the two days when the time came to pair off with another person to practice treating people, she was given a combo from the box to help a problem

she had with her right shoulder due to ligament damage. It had been giving her pain for a long time as well as difficulty in lifting things. The doctors had told her that there was no cure and she would have to live with it. After one dose, her shoulder started to feel better and within a few days, the shoulder was completely cured! So she herself experienced the power of Swami's Vibrionics first hand which was "a wonderful way to start this new seva work" she said.

After that, Swami kept her very busy with a never-ending supply of sick people who had a variety of diseases and problems. We give the first case she treated of a bypass patient and its successful outcome as well as others in this newsletter. In the first seven months, she successfully treated 325 people.

Recently the practitioner went for an allopathic medical camp held in Sierra Leone to give treatment to the poor in villages there. This is the first time a Vibrionics practitioner had accompanied a team of allopathic doctors to help patients. Most of the patients she saw were the ones for which the doctors had no treatment to offer. There was a mother who presented her eight month old baby. For a week the baby had been continuously crying, very lethargic and couldn't sleep. After the first vibro dose in water, the baby became calmer although he continued whimpering. The practitioner told the mother to give a second dose in 15 minutes and by the third dose the baby was sleeping peacefully.

A boy of 15 years had been suffering with diarrhoea, vomiting and fever for four days and was so weak that he couldn't walk. He was given vibro in water – one dose every 15 minutes. After four doses, he had stopped vomiting and after another 30 minutes, the diarrhoea had also stopped. The boy then started complaining that he was hungry! Lipoma or swollen glands was another problem the doctors gave the practitioner to deal with. In most cases, the swelling reduced by half after just two days.

The practitioner further stated, "*In most of my cases, there has been complete healing. Of course, there are some patients who did not show much improvement. I feel Swami sent me such patients to guide and help me to understand the real reasons why those people became ill. Swami says that all diseases originate in the mind. So, I feel that the real cause often lies in the hurt, fear, guilt, worry and unhappiness that many people are experiencing. So I spend as much time with my patients as they need, to talk about their problems. I think this in itself helps them to release their emotions by pouring out their problems to me and this helps to lift some of the worries they have been carrying. I believe such a consultation coupled with Swami's love, adds to the power of the remedies and thus helps us to achieve complete healing*".

Healing starts within the heart of the patient and each Vibrionics practitioner helps his/her patients' healing by giving unconditional love as they offer the needed comfort, supporting help and treatment.

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## ☪ Health Tips ☪

### Inflammatory Breast Cancer

According to the National Cancer Institute, USA, Inflammatory Breast Cancer (IBC) is an uncommon type of breast cancer in which breast cancer cells block the lymph vessels in the skin of the breast, a type of breast cancer that may not be apparent through routine screening methods (e.g., feeling for lumps, mammograms):

This blockage may cause the breast to become red, swollen, and warm. The skin of the breast may also appear pink, purple, or bruised, and it may have ridges or appear pitted, like the skin of an orange (called peau d'orange). These changes often occur quickly over a period of weeks. Another possible sign of this type of breast cancer is swollen lymph nodes under the arm, above the collarbone, or in both places. Often, a tumour cannot be felt, and may not be seen on a mammogram. The diagnosis of Inflammatory Breast Cancer is based on the results of the biopsy and the doctor's clinical judgment.

According to the Mayo Clinic, USA, signs and symptoms of Inflammatory Breast Cancer include:

- \* A breast that appears red, purple, pink or bruised
- \* A tender, firm and enlarged breast
- \* A warm feeling in the breast
- \* Itching of the breast
- \* Pain
- \* Ridged or dimpled skin texture, similar to an orange peel
- \* Thickened areas of skin

- \* Enlarged Lymph nodes under the arm, above the collarbone or below the collarbone
- \* Flattening or retraction of the nipple
- \* Swollen or crusted skin on the nipple
- \* Change in colour of the skin around the nipple (areola)

IBC is of particular concern because it progresses rapidly, and in most women it is already quite advanced before the symptoms become severe enough for them to seek medical attention. IBC was previously treated through surgery and was almost always fatal but nowadays, additional treatments such as chemotherapy and radiation therapy have greatly increased the chances of survival for IBC patients.

...www.snopes.com

Note: *Vibrionics practitioners, consult your books for the vibro treatment for breast cancer and emotional support to help a patient faced with this diagnosis.*



### **Beautiful Houseplants that Clean Indoor Air**

Homes and office buildings are being built and remodelled tighter than ever before to save energy. But sealing out drafts can mean sealing in dangerous chemicals such as *benzene* and *formaldehyde*, which are released by many things, from carpet to pressed-wood furniture. Cleaning products used at home and the office also may give out chemicals, including ammonia and chlorinated solvents.

Prolonged breathing of chemicals such as these can cause headaches, throat irritation, congestion, even cancer. The US Environmental Protection Agency now ranks indoor-air quality among the five top threats to human health. The problem is worse in winter, when we spend the most time sealed in our homes and offices.

Expensive air-filtration systems are not the only solution. The **US National Aeronautical and Space Administration** discovered that simple houseplants can filter many dangerous chemicals out of indoor air. The plants' leaves absorb and destroy certain volatile organic compounds, while the microbes that live around the plants' roots convert chemicals into a source of food and energy for themselves and their host plant.

Some houseplants are much more effective at air filtration than others. Out of the ten that do a great job of cleaning the air and are easy to grow, the following four plants are exceptionally effective at cleaning the air:

1. **Areca Palm** (*Chrysalidocarpus lutescens*) is also known as yellow palm or butterfly palm.
2. **Lady palm** (*Rhapis excelsa*) is one of the most effective houseplants for improving indoor-air quality, and it is highly resistant to most insects. It has fans, six to 12 inches wide, made up of shiny green leaves.
3. **Rubber plant** (*Ficus robusta*) is a hearty plant with thick, leathery, dark green leaves. It will tolerate limited light and cool temperatures and is very effective at removing chemical toxins from indoor air—the best of the ficus genus yet tested.
4. **Peace Lily** (*Spathiphyllum sp*) produces beautiful white flowers, making it one of a relatively small number of plants that bloom reliably indoors.

The following 6 plants also work well:

5. **Dracaena “Janet Craig”** (*Dracaena deremensis “Janet Craig”*) is a pest-resistant leafy plant that can live for decades. It will tolerate poorly lit areas, though its growth will be slowed. Favour the “Compacta” variety, which grows to one to three feet in height, not the regular variety, which requires more care and can reach 10 feet if not pruned.
6. **English Ivy** (*Hedera helix*) is best known as a ground cover, but it also grows very well in indoor hanging baskets. And it adapts well to a wide range of indoor conditions—though it does benefit from some time outdoors in spring or summer. English Ivy does not like high temperatures.

*Warning:* English Ivy contains chemicals that can irritate the skin or cause illness if consumed. Wear gloves when handling, and keep out of reach of pets and young children.



**7. Golden Pothos** (*Epipremnum aureum*) tolerates neglect and low light and is extremely resistant to insects. Golden Pothos's name refers to the splashes of gold or cream colour on its green, heart-shaped leaves. It usually is grown in hanging baskets, but it can also climb.

**8. Corn Plant** (*Dracaena fragrans "Massangeana"*) is so named because its leaves look like those of corn stalks, not because it actually produces corn. It tolerates low light, though it prefers bright light.

**9. Syngonium** (*Syngonium podophyllum*) produces visually appealing, arrow-shaped, green-and-white or green-and-silver leaves.

**10. Snake Plant** (*Sansevieria trifasciata*) is about 50% less effective at cleaning indoor air than the other plants on this list, but it is so hard to kill that it's worth including as an option for those who struggle to keep other houseplants alive. The snake plant has visually appealing, spear like leaves that stand upright, typically two to four feet in height. It occasionally produces small greenish-white flowers.

### How many plants?

As a rule of thumb, one or two good-sized plants from the list above per 100 square feet of interior space tend to be sufficient. There is no health downside to having more plants than this as long as mould does not develop in the potting soil.

**Helpful tip for those with access to hydro-culture:** Latest research suggests that growing plants in hydro-culture significantly increases their ability to clean the air. With hydro culture, plants are grown in watertight containers and rooted not in potting soil, but in expanded clay pebbles sold for this purpose at some garden stores.

All of the plants listed above will grow in hydro-culture, and the Peace Lily, in particular, thrives when grown this way. Hydro-culture also reduces the risk that fungal spores, mould and soil-borne pests will develop on houseplants. Plants grown in hydro-culture need a complete fertilizer that contains micro-nutrients.

**Source:** *'How to Grow Fresh Air'* a Penguin paperback by B.C. Wolverton, PhD who worked as a scientist for over 30 years with US Military and NASA, developing systems to protect against toxic chemicals and pathogenic microbes.

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## ☪ The Answer Corner ☪

**Question:** *Can you tell me how the Love & Peace Alignment and Divine Protection vibrations that are used in common combos, can be picked up and work?*

**Answer:** As you know, vibration simply means an energy field. All physical organs have a vibration and in the same way, all emotions and mental and spiritual attributes also have a vibration. These vibrations can be captured on simulator cards, using the technique of Radionics, in the form of geometric patterns. A Vibrionics potentiser converts these patterns back to the original energy field that is then infused into ethyl alcohol. A combo containing the two cards you mention will treat a patient who is vulnerable to negative energies from outside sources. These vibrations will protect and balance the patient to withstand such energies.

*For a detailed explanation, please refer to any book on Radionics and you will also find some more information within the Practitioner portal of our website [www.vibrionics.org](http://www.vibrionics.org)*

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**Question:** *What is a good combo for a lingering cough after flu? I have the Sai Ram Machine.*

**Answer:** For a chronic cough after flu or a cold give: **NM8 Chest + NM63 Back-up + NM71 CCA + NM75 Debility + OM19 Cardiac & Lung + SM26 Immunity + SM31 Lung and Chest + SR505 Lung....TDS** until relief.

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**Question:** *I have a patient who for many years was a sufferer of anorexia. Now she has recovered but she still does not menstruate very frequently even though I have given her CC8.8 Menses Irregular and her digestion is weak, please advise.*

**Answer:** A female who has recovered from long term anorexia, very often finds her menstruation is very infrequent, because she is still anaemic. This is due to lack of nutrients over the long period when she

was anorexic as well as having a weak digestion. Diet is very important with a lot of protein and regular intake of yoghurt to help the digestion. To support her return to a regular menstrual cycle give:

**CC3.1 Heart tonic + CC8.1 Female tonic + CC8.8 Menses irregular** and to help the digestion give:  
**CC4.1 Digestion tonic + CC12.1 Adult tonic.**

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**Question:** *Many of my patients do not return; so I can't be sure whether the treatment has been a success. Is there anything I can do?*

**Answer:** This problem affects many practitioners and is difficult to solve. A way to lessen the likelihood of this happening is to keep in mind the following points:

1. Try to create an atmosphere of confidence and friendliness when the patient first visits you. In this way, he will also be more likely to share with you his problem on a deeper level, thus giving you a greater insight into the treatment needed. Besides this, a relationship has been formed between you two. This will encourage the patient to return and keep in touch with you about his progress.
2. Always make another appointment for him to come back for follow-up treatment and stress the importance of keeping track of the progress of cure.
3. Tell him that the remedy needs to be changed sometimes for the healing to become faster and you have other remedies to choose from.
4. If it is necessary to cancel the appointment, the patient should telephone you as you need to know from him how well and how quickly the remedy worked. Explain that giving you feedback is his way of showing his appreciation for the free treatment he has received.
5. If the patient's symptoms have disappeared, you would like to give him an immunity booster and/or a cleansing combo to avoid recurrence of this problem and also as prevention against any other illness.

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**Question:** *Are there any vibrations that I should not give to babies?*

**Answer:** Babies and infants may be given Vibrionics the moment they are born. As it is too early for them to have acquired bad habits and as they are naturally pure anyway, they respond more quickly than adults, so they don't need to be given the remedies for as long.

**Practitioners: Do you have a question for Dr. Aggarwal? Send it to him at [news@vibrionics.org](mailto:news@vibrionics.org)**

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## ☪ Divine Words from the Healer of Healers ☪

"Remember always that it is easy to do what is pleasant. But it is very difficult to be engaged in what is beneficial. Not all that is pleasant is profitable. Success comes to those who give up the path strewn with roses and brave the hammer blows and sword thrusts of the path fraught with danger. As a matter of fact, no road is strewn with rose petals. Life is a battle field (a Dharmkshetra), where duties and desires are always in conflict. Smother the fiery fumes of desire, of hatred and anger that rise up in your hearts; it is sheer cowardice to yield to these enemies that turn you into beasts. Meet all obstacles with courage. Difficulties make you tough and strong." ...**Sathya Sai Baba - Divine Discourse, Feb 20, 1965**

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"Service to your fellow beings is more needed than service to the Lord. In fact, serving a person is equal to serving the Lord Himself. That is the path of true devotion. For what greater means can there be to please God than that of pleasing His children? The scripture Purusha Suktha describes God as having a thousand heads, eyes and feet. That is to say, every living being is God. Though there is a mention of a thousand heads, there is no mention of a thousand hearts, there is only one heart. The same blood circulates through all the heads, eyes, feet and limbs. When you tend to the limb, you tend to the individual. When you serve a human being, you serve God. When your goal is to serve and adore God, every step will yield in you a spring of joy, and every moment, every opportunity is a valuable gift from Him." ...**Sathya Sai Baba - Divine Discourse, March 1966**

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## ☪ Announcements ☪

### Forthcoming Workshops

- 14-15 April 2012 **Nagpur in Maharashtra** - Workshop for fresh applicants and for AVPs.
  - May 2012 (date to be announced) **Jabalpur in MP** -workshop for fresh applicants.  
For both events, contact Dr A Ghatol at 9637-899 113 or by email at [vc\\_2005@rediffmail.com](mailto:vc_2005@rediffmail.com)
  - **Poland** 14 April in **Krakow**. Workshop for practitioners who have the updated 108CC box.  
Contact Dariusz Hebisz at 071349 5010 or by email at [d\\_hebisz@hdp.com.pl](mailto:d_hebisz@hdp.com.pl)
- ❖ All Trainers: If you have a workshop scheduled, send details to [news@vibrionics.org](mailto:news@vibrionics.org)

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ATTENTION: If your email address changes in the future, please inform us at [news@vibrionics.org](mailto:news@vibrionics.org) as soon as possible. Please share this information with other vibro practitioners.

Practitioners, you may share this newsletter with your patients. Their questions should be directed to you for answers or research and response. Thank you for your cooperation.

Our website is [www.vibrionics.org](http://www.vibrionics.org)  
You will need your assigned Vibro Registration number to access the Practitioner Portal.

**Jai Sai Ram!**

*Sai Vibrionics*...towards excellence in affordable medicare - free to patients