

SAI VIBRIONICS CASE HISTORIES FROM NEWSLETTERS September 2010 – June 2013

20. SKELETAL, MUSCLE, JOINTS: SMJ – spine, joints, muscles & extremities

20.a. Plantar Fasciitis ^{1205...India}

A 52 year-old woman had been suffering from an inflamed heel for 8 months. Her doctor had been treating her with medicines, which neither reduced the pain nor cured the condition. She was advised to have a series of injections in the bone of both heels, which, though painful, would possibly cure the condition. She refused this treatment and approached a Vibrionics practitioner instead. She mentioned to the practitioner that she had also suffered from sciatica a year back. Considering her age, the practitioner decided to treat her for osteoporosis also. The following combo was given to the patient:

CC3.7 Circulation + CC18.5 Neuralgia + CC20.3 Arthritis + CC20.4 Muscles & supportive tissues + CC20.5 Spine + CC20.6 Osteoporosis...QDS

In one month's time, the patient completely recovered and could walk comfortably without any pain. The practitioner advised her to continue taking the medicine for another month TDS. Since then the problem has not recurred.

Although this is a successful result, at first it would have been better to have given only the combo for the heel inflammation and treat the possible osteoporosis or return of sciatica if and when they appeared.

20.b. Leg Muscle Pain, Stress and Low Energy ^{2804...India}

A 39 year-old woman requested treatment for a painful leg muscle which had been troubling her for a year. She was also having difficulty dealing with a stressful work environment as well as being low in energy. She had taken pain killers for the leg pain and had been treated allopathically for the stress and low energy but there was no improvement.

The following was given:

CC12.1 Adult Tonic for her low energy + **CC15.1 Mental & Emotional Tonic** for the stress + **CC20.4 Muscles & Supportive Tissue** for the leg pain...TDS.

In 2 weeks the patient informed the practitioner that all her problems were 90% better and that she was very happy with the vibrionics treatment.

20.c. Hip Pain ^{0080J...India}

The practitioner had a 72 year-old female patient with hip pain. It was so bad that she had not been able to move or get out of bed for some years. The practitioner gave her:

CC15.1 Brain & Emotional tonic + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue + CC20.5 Spine...TDS

After taking the combo regularly for six months, the patient was able to get up and walk and felt fully recovered, so the medicine was discontinued.

When a patient is elderly it is often helpful, particularly with bone problems, to continue the combos at a reduced dosage.

20.d. Osteomyelitis in Right Shin ^{2786...Russia}

A 59 year-old woman from Azerbaijan came to the practitioners because she had a painful condition in the right shin called *osteomyelitis* – inflammation of the bone and marrow, usually caused by infection. In this case the shin was a bluish-grey color with necrotic stains in the centre. Along the inside of the bone there were 3 fistulas from which pus was oozing. Only a little blood was circulating in the bent toes and walking was very painful.

The history of this condition is as follows: she had been very unhappy in childhood as she was brought up in a children's home where the treatment was brutal. When she was 10, she jumped from a height and severely damaged her right foot. She was operated upon to try and repair the damage, but this only caused the beginning of the *dystrophy* - a wasting away of the muscles in the shin. The diagnosis given for this condition by the allopathic doctors was *poliomyelitis*. When she was 30, she underwent surgery and other allopathic treatment, in an endeavor to correct her ongoing painful shinbone, but without success. The diagnosis now was *osteomyelitis*. Five years before the practitioners saw her, the condition had worsened and her doctor suggested the shin be amputated.

The practitioners gave her:

#1. CC15.1 Mental & Emotional tonic + CC18.1 Brain disabilities...TDS

#2. CC20.6 Osteoporosis...6TD

After a week of taking the combos, she was able to walk without any pain but the toes were still painful. She was told to replace **#2** with:

#3. CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue + CC20.6 Osteoporosis...TDS and

#4. CC21.11 Wounds & Abrasions...TDS (made in oil to be applied on the oozing fistulas)

Three weeks later, the color of the foot returned to normal. A little pus was still oozing from the fistulas, so the practitioner gave:

#5. Nosode of pus from fistulas...6TD

Two months later, the color of the shin had also become normal, two of the fistulas were now healed and the last one was only producing a small amount of colorless liquid instead of pus. The practitioners discontinued **#1** but gave her a further supply of **#3 & #5**.

At this time the patient left the ashram very happy with the present result of the treatment which was a transformation after so many years of suffering.

20.e. Slipped Disc ^{2799...UK}

A female patient, aged 55, was limping when she came to see the practitioner. She had been suffering from a slipped disc and knee pain for 10 years and even strong pain killers did not reduce her pain. She was given the following:

NM3 Bone-I + NM6 Calming + NM24 Rheumatism & Arthritis + NM36 War + NM40 Knees + NM113 Inflammation + OM3 Bone Irregularity + OM16 Knees + OM18 Sacral & Lumbar + OM30 Connective Tissue + OM31 Spine: Lumbar-Sacral + OM32 Spine: Dorsal + OM33 Spine: Brainstem + SM34 Arthritis + SM33 Pain + SR293 Gunpowder + SR295 Hypericum (200C) + SR457 Bone + SR463 Cranial Nerves (CN) + SR479 Cartilage + SR500 Intervertebral Discs + SR517 Parathyroid...TDS for three months.

A month later, the patient reported she was 75% better. She continued taking the above. In a further month she had no pain. The remedy was reduced to BD and a month later reduced to OD and she continues to take the remedy at this dosage.

For practitioners with 108CC box: CC20.1 + CC20.2 + CC20.3 + CC20.4 + CC20.5...TDS

20.f. Hip & Leg Injury ^{01272J...India}

An elderly woman, aged 96, had a fall and fractured her hip and right leg. Despite her age, the allopathic doctors decided to set the fracture under anesthesia to help her become mobile again. The Vibronics practitioner gave the patient the following combos to help in her recovery after the operation:

#1. CC20.6 Osteoporosis + CC20.7 Fractures...6TD

#2. CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...TDS

After 45 days, the patient was able to sit up in the bed without any help. A few weeks later, she felt very energetic again. An added bonus of taking the remedies was that her memory had improved and she was no longer so forgetful! The practitioner remarks that when you see God in each patient, interact with them lovingly, offer your prayers to God and do your seva with utmost dedication, the remedies can work wonders!

Those with Sai Ram Potentiser machine can give: #1. NM3 Bone I + NM20 Injury + NM25 Shock + NM32 Vein-Piles + NM67 Calcium + OM18 Sacral & Lumbar + OM27 Supportive Tissue + OM30 Connective Tissue + BR21 Injury + BR23 Skeletal + SM28 Injury + SM36 Skeletal + SR457 Bone + SR573 Osteoporosis...6TD

#2. NM4 Brain 2 + NM5 Brain Tissue Salts + NM6 Calming + NM12 Combination 12 + NM63 Back-up + NM69 CB8 + BR2 Blood Sugar + BR4 Fear + SM5 Peace & Love Align. + SM41 Uplift + SR325 Rescue + SR434 Larch + SR437 Oak + SR438 Olive + SR546 Baryta Carb (30C)...TDS

20.g. Painful Back ^{1176...Bosnia}

A 76 year old man phoned the practitioner asking for help with a very painful back. The pain extended from the sacral area all the way down to his right knee. It was so severe that he was hardly able to get out of bed. The problem had first appeared twenty years ago and then came back from time to time. He was using strong pain-killers for the present attack but without much relief. He was given:

NM113 Inflammation + SR267 Alumina 30C + SR404 Picric Acid 1M to be taken immediately the pain starts and to be repeated 30 minutes later.

The patient experienced immediate relief. When the pain reappeared, the above was repeated. In two days, the patient was able to go up and down the stairs with much less difficulty. In two weeks, he was without pain and has been free of pain for over ten months now. The practitioner says that he has treated at least ten other similar body pain cases with these remedies with equal success.

The above is an interesting alternative to using NM97 Sciatica, which is what the condition is. If using the 108CC box give: CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue

20.h. Back Pain ^{02854...UK}

A 44 year old male patient had suffered with back pain for 22 years due to a sports injury. He was given:

CC15.1 Mental & Emotional tonic + CC20.5 Spine...BD

After 3 weeks of taking the medicine the patient felt 50% better and at the end of two months had no back pain. He continues to take the combo OD for the time being.

20.i. Gangrene of Fractured Leg ^{11483...India}

A 22 year old male met with an accident and the left lower limb was fractured. He was treated in a hospital and a rod was inserted into the fractured limb. Four months later, when the cast was removed, it was found that the fracture had not healed and gangrene had set in. An orthopedic doctor, who was at the medical camp on the 6th January 2013 where the man came for help, predicted only a 50% recovery and suggested surgery. For the next month, he was given the following combo:

NM3 Bone I + NM20 injury + NM25 Shock + NM59 Pain + SM15 Circulation + SR264 Silicea 200C + SR271 Arnica 6C + SR293 Gunpowder + SR298 Lachesis 30C + SR325 Rescue + SR405 Ruta 6C + SR408 Secale corn...6TD for one week followed by TDS.

On his next visit to the doctor at the hospital on 7th Feb, it was found that his bone was growing and the wound healing. The doctor said that surgery was no longer required. A regular change in dressing of the wound was advised. He started walking 3-4 days after his visit.

After three days when the practitioner went to change the dressing, he found the skin was growing but there was one point from where the wound was suppurating. So NM16 Drawing was added to the above combo. The wound has now fully healed and the patient has made a complete recovery but the above remedy is still continuing at a lower dosage.

20.j. Arthritis ^{02853...India}

A 50 year old lady had suffered for two years with constant pain in her legs, mainly in her joints especially when it is cold. She could not bend her knees to sit on the floor or even chair and walk very far. An allopathic doctor treated her with oral medicine and gave ointment to massage her legs; neither helped. She was told that the cause was the cold weather, stress and ageing. In November 2012, the practitioner gave the following combo:

CC15.1 Mental & Emotional tonic + CC20.1 SMJ tonic + CC20.3 Arthritis...TDS

She told the practitioner two months later that she became completely free of pain within three weeks of taking the combo. She is now happy to be able to go for long walks again, sit easily on the floor as well as be comfortable in a chair.

20.k. Back Pain ^{02854...UK}

A 44 year old male patient had suffered with back pain for 22 years due to a sports injury. He was given:

CC15.1 Mental & Emotional tonic + CC20.5 Spine...BD

After 3 weeks of taking the medicine the patient felt 50% better and at the end of two months had no back pain. He continues to take the combo OD for the time being.